



Rugby Free

Primary School



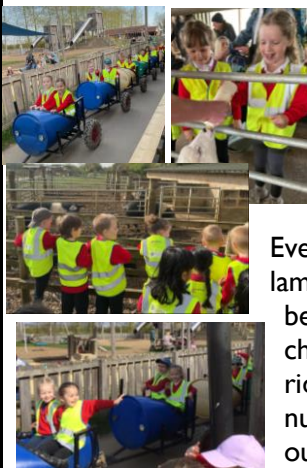
Together we learn, together we shine!



Newsletter 28

Friday 11th April
2025

Reception Farm Trip



Last Friday, Giraffes and Zebras went to West Lodge Farm Park to observe farm animals and their young and learn about what the animals need to live. They were amazed to find out that animals like sheep and cows have four stomachs, and that pigs are actually very clean animals.

Everyone also had a go at bottle feeding the cade lambs, some of which had only been born the day before! The weather was fantastic, and the children especially enjoyed the bumpy tractor ride around the farm, spotting the Easter egg numbers. A huge thank you to Miss Williams in the office and our Parent helpers who came on the trip with us, and a big well done to the children who showcased our school values on their first ever full day trip.



Stars of the Week

Reception

Giraffes
Mark &
Chiekeziem
Zebras
Nora &
Eidan

Year One

Hedgehogs
Kaisen
Rabbits:
Amritha

Year Two

Penguins
Mahaan
Seals
Dominic

Year Three

All of year 3

Year Four

Bears
Mirko
Eagles
Julia

Year Five

Pandas
Bella S
Tigers
Isaac

Year Six

Sloths
Juli A
Toucans
Joseph

VE80 Celebration

On May 8th, we will be having a number of activities at school to commemorate VE80 - the 80 year anniversary mark of VE Day. On this day, we invite all children to come in non-uniform but wearing red, white and blue colours. We will be offering a picnic lunch hosted by Dolce who will be offering two different versions: a vegetarian or a non-vegetarian option. You can see school grid for more details on this, **orders will need to be placed via School Grid by Friday 2nd May**. This will then be enjoyed with staff and children all together surrounded by decorations. Each class will participate in some activities on the day to commemorate VE Day at their age appropriate level to reflect upon what the meaning is for.



Tag Rugby Festival

On Wednesday, 29 year 6 children represented RFPS in our yearly tag rugby festival. They all really enjoyed themselves, played exceptionally well and demonstrated our school values perfectly. If your child has found a new love for tag rugby, then please do not hesitate to get in contact with Miss Tyler or Miss Wasik (PE leads) so that we can point you in the direction of some extra-curricular clubs.



Y6 Beaumanor Hall

Year 6 had a fantastic day at Beaumanor Hall where they spent a day in the life of evacuee of World War Two. They learnt about rationing, the use of ID cards, typical recipes of that time and how to budget for them and spent time in an air raid shelter learning about the air raids. They looked amazing in their costumes! Well done Year 6.



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Y3 Hunstanton



Year 3 went on a trip to the beach on Thursday. The weather was very kind to them and they had a wonderful time going on the Wash Monster, eating chips and playing on the beach. The children's behaviour was impeccable and every adult was so proud of them. Well done Year 3!



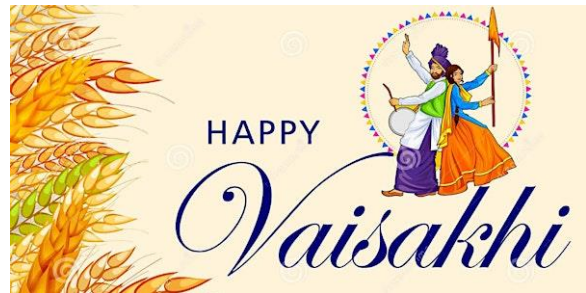
Happy Easter

Wishing all of our families that are celebrating Easter over the two week break a very happy Easter. Our Reception children were very lucky to have a parent visit this week, who helped us to learn all about The Easter Story and why it is so important to Christians. We embrace any opportunity to learn from our wonderful families here at RFPS. A huge well done to all the children who made an Easter Hat. The hats were truly amazing, and the children should all be so proud of themselves!



Happy Vaisakhi

Wishing a very happy and prosperous Vaisakhi to our families. Have a wonderful time celebrating!



Staffing News

We are thrilled to welcome two members of staff to the RFPS. One name you will probably remember!

Miss Cox is returning to RFPS as a Teaching and Learning assistant and will be spending some time on administration tasks too. Miss Cox used to be the face you all saw on the Reception desk and missed everyone so much that she is returning to us! Welcome back Miss Cox!

We also have Mrs Forrest join us from a local school. She is a fantastic and very experienced Teaching and Learning Assistant and comes with a wealth of knowledge to support all of the children at RFPS. Welcome to the team, we can't wait for you to get started.

Both Miss Cox and Mrs Forrest will be mainly based in KS2 (Y3 – 6).

We also have a Teacher advert out at the moment for two teachers as we do have a couple of teachers leaving RFPS at the end of the year. If you know of anyone who may be interested in a teaching position at RFPS, please let them know about this. The advert is on WM jobs.

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Friends of Rugby Free Primary School (PTA)



Thank you to everyone that attended our AGM on Wednesday the committee remains unchanged following re-election of officers. Chair - Charlotte Baker, Secretary - Emily Wilson, Treasurers - Gary Twynholm & Iuliana Ierimie.

Wonderlicious Day - We hope everyone had a wonderful last day of term even if you didn't get a golden ticket and if you did find one, **Congratulations!** This event was for fun and we hope you enjoyed it. There were many prizes available from hampers, karaoke, Hunts book voucher, soft play visit to the Riverside Hub, class non-uniform day, items from The Scrum, a voucher for Cadbury World. Many prizes included bring a friend or for your class/house. A huge thank you to the Riverside hub, Hunts bookshop and the scrum for their wonderful donations. Anyone who was off school today can claim their bars after the



holidays.

Family Bingo - We invite teams of up to 8 to join us for a fun evening. There will also be a picture round. You are welcome to bring your own buffet supper but please do not bring items that contain nuts. Ticket information will be available after the holidays.

Quiz Night - Adult only event - tickets for this event will include a fish and chip supper (options available) and bring your own bottle. More details to follow.

We hope you have the most lovely couple of weeks off.



Diary Dates (please check every week as they are subject to change!)

14th Apr – 25th Apr – Easter Holidays

28th Apr – Children return to school for Summer Term

29th Apr – Mental Health in Schools parent drop-in – 2pm-3pm

1st May – Y4 Inspire Workshop – 9am-10am

5th May – Early May Bank Holiday (school closed)

6th May – Y1 Ryton Pools trip

w/c 12th May – Y6 SATS week

26th May – 30th May – Half term

w/c 9th Jun – Y1 Phonics screening week

19th Jun – Y4 Hunstanton trip

23rd Jun – Y3 Bosworth trip

26th Jun – Y5 Brandon Marsh trip

Parking

We have been made aware that the new parking restrictions on Central Park Drive are being enforced by the council parking wardens. Please check the signage and familiarise yourself with the rules.

Game On Holiday Camp

Game On are operating a Holiday Camp over February half term at RFPS. The dates are: Monday 14th April to Friday 25th April. To book your dates, please liaise with Mr Sheehan directly - his contact details are on the booking form which was sent out via MCAS on 28/02/2025.



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RFPS Family & Children Support Worker

How can a Family Support Worker help me?

- Early Support.
- Sign posting to parent workshops and courses
- Sign posting and completing referrals for other services and organisations such as, Family Information Service, RISE, Young Carers, CASS, Connect For Health, Change Makers, Guys Gift.
- Financial or housing difficulties
- Managing difficult behaviours and promoting positive behaviours
- Mental Health and Wellbeing Support
- Special Educational Needs support
- Family Relationships Support
- Food Bank Vouchers/ benefit entitlements.

DROP-IN SESSIONS in
the Family Room, opposite
main reception
Monday 8.30-9.30am
Tuesday 3-4pm
Pop in for a cudda and a



What is Early Support?

Early Support, previously known as Early Help uses a multi-agency approach to implement support strategies for your family at the right time. All children, young people and families in Warwickshire are entitled to receive Early Support. This means offering information, advice, guidance, and support to families as soon as a concern emerges or seems likely to emerge.

If you would like more information or want to arrange a meeting
please attend a drop-in session, call or email.

I look forward to meeting you and being able to provide support for you and your family.

Kelly Pollitt - Kelly.pollitt@rugbyfreeprimary.co.uk - 01788 222088

Monday — Friday 8:30am — 3:30pm — Term Time Only

Safeguarding

If you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL. Contact the **Warwickshire's Children and Families Front Door** on **01926 414144**. Lines are open Monday to Thursday 8am-5.30pm, Friday 8.30am-5.00pm.

If you need to get in touch out of usual office hours, please contact the **Emergency Duty Team** immediately on **01926 886922**. If you think that a child is at immediate risk, contact the police immediately by dialling **999**.

SAFEGUARDING

Safeguarding our children is everyone's responsibility

If worried about any child being a victim of neglect, abuse or cruelty whilst at RFPS, you must tell Miss Butters or, in her absence, one of her safeguarding team.




 Miss Finch Designated Safeguarding Lead	 Mrs Pollitt Deputy Designated Safeguarding Lead
 Mrs Colledge Deputy Designated Safeguarding Lead	 Mrs Screen Deputy Designated Safeguarding Lead
 Miss Butters Deputy Designated Safeguarding Lead	 Miss Calcutt Deputy Designated Safeguarding Lead

Jennifer Beattie
Trustee for Child Protection & Safeguarding

If you consider a child is in immediate danger phone the Police on 999 or phone children's services on 01926 414144 or out of hours on 01926 886922.

Inclusion Team

The Inclusion Team

 Miss Finch Inclusion Lead	 Miss Calcutt SENDCo
 Miss Lydiatt Assistant SENDCo	 Mrs Pollitt Children and Family Support Worker

The inclusion team work across the school to support all of our children and families with a variety of things.

If you need any support from school, or want to know more about what we do, please just send an email FAO our inclusion team and we will reach out to contact you.

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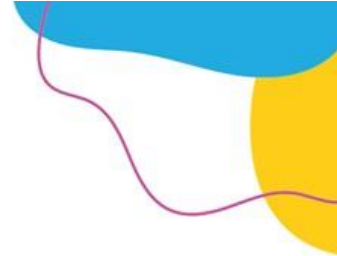


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Mental Health in Schools Team
Tips For Wellness



Challenge

Throughout our lives we are going to experience different challenges, both big and small. There will be times where these challenges are exciting and maybe other times where challenges could feel scary and uncertain. These different challenges will push us to try new things, build our resilience and teach us new things about ourselves and the world around us.

When taking on challenges, we learn that we can work towards goals, overcome any obstacles and be resilient even when something is difficult. A **growth mindset** can help us take on new challenges, it builds our confidence to have a go at things, increases our self-esteem and encourages us to keep trying, even if something doesn't work out the first time!

Our top tips for challenging ourselves:

1. **Set yourself some goals** you would like to reach this time next year (long term goals). Perhaps these can be things you've always wanted to do but never tried before. Break your goals down into medium-term goals and short-term goals (goals you can set to work towards the long-term goal in a few weeks or months).
2. **Ask for help** when needed. Challenging ourselves is not about getting through difficult times alone...sometimes we need a helping hand and that is okay!
3. **Push yourself out of your comfort zone** this week. You might want to try a new food, learn a new hobby, start a conversation with a different friend, or put your hand up in a lesson at school. Can you think of a **SMART goal** you would like to challenge yourself with this week? Follow the QR code to learn more about SMART goals:



4. **Read books** with characters who overcome challenges. What strategies did the characters use to push through them? Follow the QR code to a list of books that help children face challenges:



#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate! thankskids@covwarkpt.nhs.uk.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

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