



# Rugby Free

Primary School

**Newsletter 16**  
**Friday 14<sup>th</sup> January**  
**2022**

## Wellbeing at RFPS

At RFPS we are always looking for ways to support the children's mental health and wellbeing. On Monday, thirteen fantastic children took part in training to become the school's first Wellbeing Champions. The Champions will work together with Mrs Pratt to raise awareness and promote wellbeing through assemblies and events. The Champions are very excited to get started and are already planning their first event.



## Stars of the Week

### Reception

#### Giraffes:

Eshaal

#### Lions:

Keyansh

#### Zebbras:

Kayla P

### Year One

#### Hedgehogs:

Billy

#### Owls:

Olivia

#### Rabbits:

Posy

### Year Two

#### Orcas:

Mya

#### Penguins:

Gabriel

#### Seals:

Jessie

### Year Three

#### Crocodiles:

Samuel

#### Kangaroos:

Ruben

#### Turtles:

Mia

### Year Four

#### Bears:

Zachary

#### Eagles:

Riley S

#### Raccoons:

Sofia M

### Year Five

#### Pandas:

Joe

#### Tigers:

Olivia S

### Year Six

#### Jaguars:

Lacey

#### Panthers:

Hope

## Taking Care Curriculum

**taking care**  
helping children learn to keep themselves safer

All classes in school have been working on the **TAKING CARE CURRICULUM** this week

Children have been learning new skills for helping themselves to keep safe.

Please do ask your children about what they have learnt and have discussions with them about all aspects of safety—your interest and encouragement will make a big difference to their learning.

Warwickshire County Council  
WSCB  
Warwickshire Safeguarding Children Board

## Census Day Celebration Menu – Penguin Lunch

On Thursday 20<sup>th</sup> January, we will be having a themed 'Penguin lunch' in celebration of Census Day. Please speak to your child about the changes for this day. Instead of the planned menu, the options will be;

**Red option: Fish Stars in the Frosty Night Sky**

**Green option: Bannocks with Tomato Topping and Melted Cheese**

Both served with Potato Wedges, Baked Beans, Frozen Peas – We'll unfreeze them!

**Brown option: Jacket potato with a choice of fillings**

**Blue option: Roast chicken bap**

**Dessert: Antarctic Sledging Biscuit or Ice Cream**





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## Bright Lights, Big City in Year 1

This week Y1 launched our 'Bright lights, Big City' topic. To start, we investigated the countries of the United Kingdom and discovered that there are four of them: Scotland, England, Wales and Northern Ireland! We were then set the challenge to use our great listening skills to see if we could find the correct country. We had a huge sketch of the United Kingdom drawn onto our playground to help us. What fun!



## Achievements

We have more fantastic achievements this week:



Ben in Y3 was awarded "player of the week" at his rugby club last weekend after a super first match back after Christmas! We are super proud of you Ben!

Lily B in Y5 is very enthusiastic about horse riding and on the 23rd December she was invited for a private tour at Buckingham Palace to meet some of The Queens horses, view the royal carriages and also had a private lesson around Hyde Park. What an amazing experience, I hope you enjoyed it Lily!



Please let us know if your child has achieved something special outside of school and you would like it mentioned in the newsletter!

## Message from Mrs Vural, Family and Children Support Worker:

I think we would all agree that technology plays a large part in our lives today and nearly all of our children have access to a device of some sort. Whilst there are some benefits to children accessing devices, there are also risks of children being exposed to inappropriate content. Many of our children receive new devices for Christmas or birthdays and I would like to remind parents of the importance of setting up parental controls, as without these children may inadvertently come across content that is not age appropriate. Some of the games our children are accessing such as *Roblox* and *Minecraft* may be certified as appropriate for a young child however, without correct parental control settings inappropriate material can be shown. Below is a link to the **Internet Matters** website which gives step by step guides for each device as well as specific information for some of the most popular apps and games. I have also included a link to the NSPCC website that gives tips and advice on how to talk to your child about online safety. I would also like to remind parents that *YouTube Kids* is available for your children to watch and is a much safer alternative to YouTube as this has a rating of 13+



<https://www.internetmatters.org/parental-controls/>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://www.youtubekids.com/>

If you need any support or would just like to chat through any concerns, I can be contacted either via the main school office or email me at [clair.vural@rugbyfreeprimary.co.uk](mailto:clair.vural@rugbyfreeprimary.co.uk)



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## Friends of Rugby Free Primary School (our PTA)

Dear Parents and Carers,

Unfortunately, we had to postpone our meeting last Monday, but the good news is it will now be taking place this coming **Monday 17<sup>th</sup> January at 7:30pm** at **Brewers Fayre**.



Friends of  
Rugby Free  
Primary School

We will be thinking about activities and events for 2022 that we can do to raise money for the school 🙌🙌🙌 Every penny that we raise goes back into the school and benefits the pupils in many ways.

If you would like to be involved in our activities, have ideas to contribute or just want to see what we are about, please come along if you are able to.

To keep more up to date with the **Friends of Rugby Free Primary School** please **join our Facebook page**. We regularly update it with news on our events and activities. Especially the dates to remember 😊

If you wish to make a contribution to the PTA or want to help in any way, please email [frrfps@gmail.com](mailto:frrfps@gmail.com)

### Diary Dates

**18<sup>th</sup> Jan** – Rescheduled PTA Meeting at Brewers Fayre 7.30pm

**20<sup>th</sup> Jan** – Census Day themed lunch

**8<sup>th</sup> Feb** – Safer Internet Day

**9<sup>th</sup> Feb** – Heights & Weights Reception & Y6

**18<sup>th</sup> Feb** – Last day of half term

**21<sup>st</sup> – 25<sup>th</sup> Feb** – **HALF TERM**

**28<sup>th</sup> Feb** – Return to school

**1<sup>st</sup> Mar** – Shove Tuesday – Pancakes for dessert at lunch

### Magazine & Newspaper appeal

Our Year 4 teachers have made an appeal for any old newspapers or magazines that you may have and no longer need that Year 4 can use for their next project. If you have any donations, please can these be brought into school by next Wednesday 19<sup>th</sup> Jan. Many thanks.

