



Rugby Free

Primary School

★ Together we learn, together we shine! ★

Newsletter 27

Friday 4th April
2025

Year 4 Play – Peter Pan

A huge well done to all of Year 4 for an amazing performance of Peter Pan, we are all so proud!



Stars of the Week

Reception
All of Reception!

Year One
Hedgehogs
Ivy
Rabbits:
Adaline

Year Two
All of Y2!

Year Three
Crocodiles
Shaan
Turtles
Chinmayi & Jackson

Year Four
All of Y4!

Year Five
All of Y5!

Year Six
Sloths
Harry
Toucans
Isaac

Year 2 visit Warwick Castle



This week, Year 2 have been on a trip to Warwick Castle to consolidate our history topic 'Magnificent Monarchs'. The children enjoyed the 'castle life tour', watching the birds of prey show and exploring the Great Hall. We were so impressed with the resilience they all demonstrated when climbing the stairs up to the top of Guy's Tower and the respect they displayed towards the members of the public when exploring Zog's playground. We are so proud of you all! Also, a huge thank you to the volunteers that accompanied us on the trip, as we couldn't have done it without you.





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Year 5 Trip- Birmingham Musuem and Art Gallery

Year 5 had an absolutely brilliant day on Wednesday at Birmingham Museum and Art Gallery. We had the opportunity to consolidate our knowledge on Ancient Egypt through a workshop. During the workshop, we were incredibly lucky to handle some artefacts some of which were real artefacts (3000 years old). In addition, we learnt about life during Ancient Egypt and death through discussions and role play activities. All of the children were an absolute pleasure and represented RFPS phenomenally! We are super proud.



Technology in school

Please can we remind all parents that children shouldn't have a mobile phone in school unless they are walking home. No children in school should be wearing a smart watch.

It is also vital that no child has an 'AirTag' or equivalent tracking device on them, including on school trips. The exact location of some children, such as those with court orders or other family situations relating to safeguarding, is confidential and this information being out in the public could cause a serious risk to their safety. Because of this, we request that no child has a tracker on their person, as the location of all children in that group could potentially be known and shared. This also applies to parents who volunteer on trips sharing their location with other parents through their own devices.

Year 6 Boys Football

The Year 6 Boys Football team had a great match against Boughton Leigh this week. They won 8-0! Great teamwork, well done 😊



Safe & Active Schools – Walk & Wheel Wednesdays

Thank you to all who have made a change are walking, wheeling and using park and stride to come to school on or Walk and Wheel Wednesdays! It's great to see the children feeling so proud of their efforts and seeing the difference it makes to the school community.



With the Easter break coming up and greater use of the rail networks, British Transport Police and Network Rail are seeking the support of parents/carers/guardians in sharing key messages about the dangers of trespassing on rail lines and not following the warning signs at the railway stations. They have issued some useful videos that you may wish to share with your child at home:

www.switchedonrailsafety.co.uk

www.networkrail.co.uk/communities/safety-in-the-community/safety-education/



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Friends of Rugby Free Primary School (PTA)

A huge thank you and well done to you all for our recent coin competition the total amount raised was a wonderful **£394.22** towards our fundraising pot. Which was over a crazy 27,000 coins!!!! A huge thank you to our volunteers for counting and banking all of them.

Our AGM will be this coming Wednesday - 9th April, 7:30pm @ Brewers

Fayre. We look forward to seeing many of you there as we discuss the past year, upcoming events and elect/re-elect committee members. Everyone is welcome.

Upcoming Events-

Wonderlicious - 'Wonka' Inspired day- 11th April - (Letters were sent out with newsletter 24) - SALES END TODAY FRIDAY 4TH APRIL. Celebrating the end of term we are providing a chance to buy a 'Wonderlicious' chocolate bar (this will be a Cadbury dairy milk bar or a Nomo free from bar) the wonder of what you might find inside to possibly find a golden ticket!!! **Bars will be £2.50 each and a limit of up to 2 per child.** Bars are available NOW to pre-order allowing you to request a suitable bar, numbers will be needed to ensure

we have enough bars, **therefore they will not be for sale on the day.** Bars will then be collected on the day from our 'Decorated chocolate shop'. Many prizes to be found from a family voucher for Cadbury world, hampers, winning extra break time, hot chocolate with Miss Butters, penalty shoot out and much more!! All children are invited to come to school in non-uniform, or as a 'wonka' character/sweet/bright colours. Please follow this link to order your chocolate

bars: <https://www.tickettailor.com/events/friendsofrugbyfreeprimaryschool/1625620>

Please note that if more than two bars are purchased for one child, we will be refunding the extra purchase cost, it is also one transaction per child. We look forward to seeing you. Our 'wonderlicious' wrappers will be removed to see if there is a golden ticket, sealed chocolate bars will be sent home.

Family Bingo - 16th May. Fun for all the family with prizes to be won! , bring your own tea supper. Hot drinks and squash will be available. Ticket information coming soon.

As always follow us on Facebook/Instagram **Friendsrfps** to keep up to date with all upcoming events. Pre-loved uniform request forms are always available in the school office. Have a lovely weekend.



AGM
Annual General Meeting

Everyone Welcome

9th April - 7:30pm

Brewers Fayre Conservatory



Wonderlicious Day
11th April

Preorder and collect your chocolate from the chocolate stall on the day free from options available

£2.50
Per bar
Limit of 2 per person

Golden tickets will be hidden in some chocolate bars

Cadbury world voucher
Extra break time
Hot chocolate with your Head teacher
Plus much more

Will you find a Golden Ticket?

See your newsletters for more details

Come as a Wonka character/sweet or bright colours

Diary Dates (please check every week as they are subject to change!)

8th Apr – Y6 Beaumanor Hall trip

9th Apr – Friends of RFPS – AGM 7.30pm Brewers Fayre,, Central Park (in the Conservatory)

10th Apr- Easter Bonnet competition – bring in your bonnets! (9th Apr for Y3 only)

10th Apr – Y3 Hunstanton trip

11th Apr – Wonderlicious Day – non-uniform (bright colours or Charlie & The Chocolate Factory dress-up) see above

14th Apr – 25th Apr – Easter Holidays

29th Apr – Mental Health in Schools parent drop-in – 2pm-3pm

1st May – Y4 Inspire Workshop – 9am-10am

5th May – Early May Bank Holiday (school closed)

6th May – Y1 Ryton Pools trip

w/c 12th May – Y6 SATS week

26th May – 30th May – Half term

w/c 9th Jun – Y1 Phonics screening week

19th Jun – Y4 Hunstanton trip

26th Jun – Y5 Brandon Marsh trip

Allsorts Magazine

Here is the March/May (Easter) digital version of Allsorts magazine https://bit.ly/ALLSORTS_MARMAY

you can tap straight to advertisers' websites too when viewing the mag on your phone (please mention allsorts). You can view this issue at www.allsortsmag.com too or on the allsorts Facebook page. Stay safe and take care - Michelle Love (Editor).



Game On Holiday Camp

Game On are operating a Holiday Camp over February half term at RFPS. The dates are: Monday 14th April to Friday 25th April. To book your dates, please liaise with Mr Sheehan directly - his contact details are on the booking form which was sent out via MCAS on 28/02/2025.



Resilience Collaboration Curiosity Respect Kindness Endeavour



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RFPS Family & Children Support Worker

How can a Family Support Worker help me?

- Early Support.
- Sign posting to parent workshops and courses
- Sign posting and completing referrals for other services and organisations such as, Family Information Service, RISE, Young Carers, CASS, Connect For Health, Change Makers, Guys Gift.
- Financial or housing difficulties
- Managing difficult behaviours and promoting positive behaviours
- Mental Health and Wellbeing Support
- Special Educational Needs support
- Family Relationships Support
- Food Bank Vouchers/ benefit entitlements.

DROP-IN SESSIONS in the Family Room, opposite main reception
Monday 8.30-9.30am
Tuesday 3-4pm
 Pod in for a cudda and a



What is Early Support?

Early Support, previously known as Early Help uses a multi-agency approach to implement support strategies for your family at the right time. All children, young people and families in Warwickshire are entitled to receive Early Support. This means offering information, advice, guidance, and support to families as soon as a concern emerges or seems likely to emerge.

If you would like more information or want to arrange a meeting please attend a drop-in session, call or email.

I look forward to meeting you and being able to provide support for you and your family.

Kelly Pollitt - Kelly.pollitt@rugbyfreeprimary.co.uk - 01788 222088

Monday — Friday 8:30am — 3:30pm — Term Time Only

Community Autism Support Service (CASS)

Please find information below about upcoming **free parental webinars and workshops** delivered by the Community Autism Support Service (CASS). They can be booked via **eventbrite**.

Taking place from 2nd April, World Autism Acceptance Week is a time to raise awareness of the experiences of autistic individuals. Through this, we can all work together to create an inclusive and accessible world.

CASS offers a variety of training and education options for residents of Coventry and Warwickshire, focusing on autism awareness and support. They provide workshops, including insight and professional sessions, as well as toolbox series for parents, carers, and professionals. Sessions are available in both long and short formats and are led by experts with lived experience.

CASP: four-week programme for parents/carers of autistic children

TASP: four-week programme for parents/carers of autistic teenagers

Adult education: information sessions for autistic adults

Insight: 2.5hr workshops for parents/carers

Connections: full-day workshop for professionals

Dads' drop in: information and peer support for dads

Tuesday evening Toolbox: short 1hr topical session for parents/carers

Thursday afternoon Toolbox: short 1hr topical session for parents/carers



[Friendships – CASS Parent Toolbox session Tickets, Tue 8 Apr 2025 at 19:00 | Eventbrite](#)



[Screen addiction – CASS Parent Toolbox session Tickets, Thu 10 Apr 2025 at 13:00 | Eventbrite](#)



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Safeguarding

SAFEGUARDING

Safeguarding our children is everyone's responsibility

If worried about any child being a victim of neglect, abuse or cruelty whilst at RFPS, you must tell Miss Butters or, in her absence, one of her safeguarding team.



Miss Finch
Designated
Safeguarding Lead



Mrs Pollitt
Deputy Designated
Safeguarding Lead



Mrs Colledge
Deputy Designated
Safeguarding Lead



Mrs Sreen
Deputy Designated
Safeguarding Lead



Miss Butters
Deputy Designated
Safeguarding Lead



Miss Calcutt
Deputy Designated
Safeguarding Lead

Jennifer Beattie

Trustee for Child Protection & Safeguarding

If you consider a child is in immediate danger phone the Police on 999 or phone children's services on 01926 414144 or out of hours on 01926 886922.

Inclusion Team

The Inclusion Team



Miss Finch
Inclusion Lead



Miss Calcutt
SENDCo



Miss Lydiatt
Assistant SENDCo



Mrs Pollitt
Children and Family
Support Worker

The inclusion team work across the school to support all of our children and families with a variety of things.

If you need any support from school, or want to know more about what we do, please just send an email FAO our inclusion team and we will reach out to contact you.

Connect for Health

Please use the link below to access the Connect for Health newsletter.



This month Connect for Health is focusing on oral health, sleep and lifelong learning.

[Connect for Health Monthly Newsletter – March 2025](#)

If you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL. Contact the **Warwickshire's Children and Families Front Door** on **01926 414144**. Lines are open Monday to Thursday 8am-5.30pm, Friday 8.30am- 5.00pm. If you need to get in touch out of usual office hours, please contact the **Emergency Duty Team** immediately on **01926 886922**. If you think that a child is at immediate risk, contact the police immediately by dialling **999**.



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Mental Health in Schools Team Tips For Wellness



Stress Awareness

Stress is what you feel when you're **worried, nervous, or under pressure**. It's your body's way of reacting to things that feel difficult, scary, or too much to handle. Everyone feels stressed sometimes!

Stress can come from lots of things, such as:

- **School** – too much homework, exams, or feeling like you have to do really well.
- **Friends** – disagreements/ arguments, bullying, or feeling left out.
- **Family** – disagreements/ arguments, moving house, or changes like a new baby in the family.
- **Big Changes** – starting a new school, growing up, or losing someone you care about.

Some stress can be good, but too much can cause us to feel anxious or depressed, which might affect our sleeping, eating habits and general wellbeing. If stress is going on for a long time, we may also experience 'burnout', which is when our body is exhausted and has not had a chance to rest. There are things we can do to help our body recharge and reduce stress:

Our tips for managing stress:

1. **Talk** to someone you trust. This helps you not to feel alone, because someone is there to listen to you and to care. Remember – it's okay to ask for help!
2. **Stress bucket activity** – follow the QR codes to complete your own stress bucket. This may help you to see what is contributing to your stress, as well as what helps you to feel calmer.
3. **Moving your body** can help to release stress and make you feel good. Why not try dancing to your favourite song or going for a walk with friends or family?
4. **Get creative** – Art has been found to help people feel present in the moment and reduce the feeling of stress and worry. Follow the QR code for more information!
5. Create a **calm corner!** It is important to have somewhere that you feel safe, and you could go there when you feel like you need a break. You could fill the corner with soft things like pillows and blankets, and is the perfect place to read, draw, or even listen to calming music!

Stress bucket activity



Ideas to get creative

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.