

Rugby Free

Primary School

Together we learn, together we shine!

Newsletter 32

Friday 23rd May 2025

lanting seeds - Reception



Today, Gill Nelson from Rugby Rokeby Lions came into Giraffe and Zebra classes to talk about the work that she does, and to explain to the children the equipment they need to plant seeds. The children learned all about what compost is made of, and how it helps the seed to grow. They each had a go at planting their own sunflower seed using the equipment,

and they will look after their plant at school over the next half term to see it will grow. They are very excited to see whose will be the tallest! A huge thank you to Gill for this lovely opportunity for the children, and for volunteering to come back when the plants have grown to show the children how to attach stakes to support the

Girls Football Festival



On Friday 23rd May, 37 girls from Key Stage 2 went to a Girls Football Festival.

The developing team practiced shooting and passing skills with help from the supportive coaches from Harris and Rugby High School. Everyone was excellent and enjoyed playing mini football matches. We were all so supportive of each other and

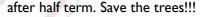
showed great sportsmanship. It was so much fun! - Nurun Year 5.

The Compete team played three matches against Paddox, St Gabriel's and Oakfield Primary School. We won our final game 6-0 and we had some fantastic tackles and saves. Overall it was a good experience and we showed great sportsmanship. Esme - Year 5 Well done RFPS girls!

Deforestation -Y3

This week in their English, Year 3 have been writing persuasive letters about deforestation and the cutting down of trees. To give us ideas and motivation we staged a protest in the school playground. We made and decorated placards and then chanted "Save our trees!" This gave

us a real desire to persuade people to not cut down trees. We wrote a class letter together this week and look forward to writing our individual letters using key persuasive features such as rhetorical questions and formal language







ylers Terrific T-Off



This week, the winners of the crazy golf session as part of our Wonderlicious day took part in

'Tyler's terrific T-off!' Our playground transformed into a golf course and the children faced a range of

different challenges, including obstacles, chipping a ball into a net and even water! The children commented on how they loved the opportunity to

play golf as it's made them realise it's one of their favourite sports. Well done to everyone for giving it their best shot!



tars of the Week

Reception Giraffes Minha & Isabel **Z**ebras Ayva & Franciszek

Year One **Hedgehogs** Thierry Rabbits: Arthur

Year Two **Penguins** Polly & Jackson **S**eals Fareeha

Crocodiles Nico Turtles Elliot

Year Three

Year Four Bears Noah **Eagles Finlay**

Year Five **Pandas Florence Tigers** Oscar W & Oscar N

Year Six Sloths ames Toucans Roman & William



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Y6 Boys Football

This Wednesday, the Y6 boys played a tough match against St Gabriel's Primary School. It was a physical game, both teams were equally matched. Luckily, we came out on top winning 2-1. The Y6 boys played very well, not letting their



heads drop when the other team tied it up in the second half.

Well done to Theo and Taylor for scoring the winning goals and good luck to the next selected team.

Wonderlicious Day Prize in Y4

Atlas in Bears won a silent disco for her class as part of the Wonderlicious Day in Spring 2. The whole class enjoyed this on Thursday afternoon this week. Thank you to the PTA for giving us the idea something everyone to enjoy. It was great to see everyone



getting involved and enjoying themselves.

Written by our match reporters: Archie & Ben

Achievements

Teddy was recently awarded the Coaches player of the season award at his hockey club (Rugby & East Warwickshire Hockey) Well done Teddy!



Zach had his Retain/Release meeting with Peterborough United FC, he's been offered a new contract for a further 12 months, as of June. He'll go into the new season after the summer break as an Under 10 for Season 2025/26. It's a huge achievement - his hard work, dedication and commitment to training have

paid off and we are beyond proud of him.

Well done Zach!

Safe & Active Schools

This week we would like to share some road safety reminders for our pupils. This is particularly useful for our older children who have walking permission and are



walking home from school without an adult.

- 1. Look right and left; ensure you are not on the phone or chatting to friends when crossing the road.
- 2. Come off bikes and scooters when crossing the road.
- 3. Use zebra crossings or safe places to cross.
- 4. Be aware of your surroundings, particularly drivers who are stationary but indicating to move.
- 5. Walk on pavements, do not use the road to overtake other pedestrians. Wait patiently or say 'excuse me' to get past.

Wear helmets when cycling/scooting.

Baby Bank Collection

Friends of RFPS have organised a collection for Rugby Baby Bank. Please place items in the basket in the Front Office between Monday 2nd and Friday 6th June. Many thanks 6





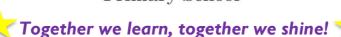
Nut free at RFPS

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This is a polite reminder that RFPS is a 'nut free' school. We have pupils and staff who have severe nut allergies. Please can you ensure that your child does not bring any snacks or lunchboxes containing nuts into school. Thank you for your cooperation.



My Child At School - MCAS

Please could we ask all parents and carers to log into their MCAS account and check that all the information we hold for parents, carers and children are up to date. Please ensure that if you change your contact number, move home or there are any other circumstances which may impact your child, that the school is notified as a priority. Thank you.



Friends of Rugby Free Primary School (PTA)



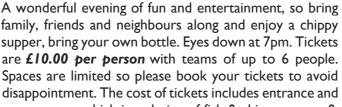
Thank you to everyone that attended our bingo night last Friday, it was wonderful to have so many of you there - 17 teams! We hope you all had a wonderful evening. We look forward to seeing you at our next event, please see below.

Thank you to those that came to our coffee morning this morning

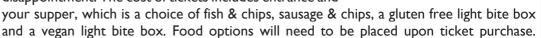
it was lovely to see you.

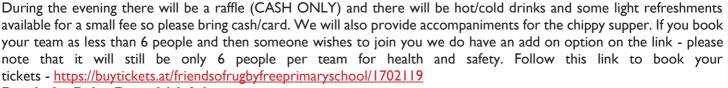


Quiz Night - adult only event - Friday 13th June 6:30pm - Enter via the hall entrance. Tickets available now!!



(entry and chippy tea, vegan and gluten free light bite options)







Back by popular demand a wonderful fun day which we know all children enjoy where they are allowed to choose from a list of rules to break for a fine. More information including the rules that can be broken will be sent out nearer the time. Please remind your children that other rules not listed still apply during the day.

Upcoming events-

Playground sales - 4th/llth July pre-loved uniform and ice lollies, this is weather dependent.

We hope you have a lovely half term. As always keep up to date with our upcoming events, which fundraise for our wonderful school by following us on Facebook or Instagram by searching friendsrfps

The next FoRFPS meeting will be held on Monday June 9th at 7.30pm at the Brewers fayre FoRFPS are accepting donations of uniform with the RFPS logo, including ties.



13TH JUNE 2025 - 6:30PM

Join us with family, friends or neighbours

Tickets £ 10 per person

Teams of upto 6, multiple rounds. Raffle on the night. see your newsletters for ticket information and

placing food orders.
Enter at the school hall. Eyes down 7pm. You can bring
your own bottle, ADULTS ONLY.



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Diary Dates (please check every week as they are subject to change!)

26th May - 30th May - Half term

2nd Jun – 13th Jun – Y4 Multiplication tables check fortnight

5th Jun - KS2 Athletics PE day at Diamond Jubilee athletics track (pupils only)

w/c 9th Jun – YI Phonics screening week

9th Jun – FoRFPS 7:30 at Brewers Fayre 12th Jun – KS2 Sports Day at the Diamond Jubilee

athletics track – parents welcome in the afternoon 1.00 pm - 2.30 pm

13th Jun – Friends of RFPS Quiz night (see above)

17th Jun - KS1 Sports day 9am - 10:30am at RFPS parents welcome

19th Jun – Y4 Hunstanton trip

23rd Jun – Reception Sports day 9am - 10:00am at RFPS

- Parents welcome

23rd Jun - Y3 Bosworth trip

23rd Jun – YI Football Festival

24th Jun - Y2 Football Festival

25th Jun - Y6 Drayton Manor

26th Jun – Y5 Brandon Marsh trip

27th Jun – Y6 Fete Day (children only)

4th Jul – Rec Transport Museum trip

I Ith Jul - Y6 Movie night (more details to follow)

15th Jul – Y6 Play performance for parents – 9.15am

16th Jul – Y6 Play performance & graduation – 6pm

Game On Holiday Camp

Game On are operating a Holiday Camp over May half term at RFPS. The dates



are: Tuesday 27th May to Friday 30th May. To book your dates, please liaise with Mr Sheehan directly - his contact details are on the booking form which was sent out with the newsletter email on 02/05/2025.

Sports days at RFPS

This year, KS2 (Years 3, 4, 5 and 6) are having their normal Sports Day at the Diamond Jubilee Athletics track. Parents and other family members are very welcome to attend for the afternoon. In addition to this, because we have no field at RFPS, we are hiring the track for an additional day so that all KS2 pupils have their athletics PE entitlement in a suitable space. School is funding this as is part of our curriculum.

EYFS and KSI pupils will have their Sports Days on the playground and we would love to see as many parents/family memebers attend to support their children as possible!

Parent Questionnaire

A couple of weeks ago, we sent out a parent survey about RFPS. We have only had 50 responses and so would be really grateful if you could spare 2 minutes to fill it in. We do read every response and we genuinely want to know your opinion about the school, what we are doing well and how we could improve.

This is the link:

https://forms.office.com/Pages/ResponsePage.aspx?id=X0G00 3gWP0yvV 6KyYxZ7r7L3ZIrTCZFmGa-8omBe0VUNEQ2VEdHVUVHU05RODdVQiFTUk9VMUFV

Questionnaire: Parenting workshops and Programmes

Being a parent is one of the most demanding jobs you will ever have, but you are not alone. Did you know that there is a wealth of support for parents and carers in Warwickshire?



Parents and carers can access advice in a variety of ways, from online guides to read through, online 2-hour workshops on a range of topics in the evenings and face-to-face workshops and programmes which take place around the county.

Parent Coaches are linking up both Rugby Free Primary and Rugby Free Secondary to provide workshops and programmes around Parenting and Family and Relationships.

Please can you answer this quick questionnaire to find out what support you feel is needed and what you would like to be offered at our school. We aim for sessions to start in September 2025.

Please click this link:

https://forms.office.com/Pages/ResponsePage.aspx?id=BqqwiCdZu0uok4nM|xOsgo-U59aRf9FBr0WoS5p7F-RUNFBETk5GN1JMWk1KTUZPVFQ5WVJXUDQ0Ri4u

Thank you



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RFPS Family & Children Support Worker How can a Family Support Worker help me?

- Early Support.
- Sign posting to parent workshops and courses
- Sign posting and completing referrals for other services and organisations such as, Family Information Service, RISE, Young Carers, CASS, Connect For Health, Change Makers, Guys Gift.
- Financial or housing difficulties
- Managing difficult behaviours and promoting positive behaviours
- Mental Health and Wellbeing Support
- Special Educational Needs support
- Family Relationships Support
- Food Bank Vouchers/ benefit entitlements.

What is Early Support?

Early Support, previously known as Early Help uses a multi-agency approach to implement support strategies for your family at the right time. All children, young people and families in Warwickshire are entitled to receive Early Support. This means offering information, advice, guidance, and support to families as soon as a concern emerges or seems likely to emerge.

If you would like more information or want to arrange a meeting please attend a drop-in session, call or email.

I look forward to meeting you and being able to provide support for you and your family.

Kelly Pollitt - Kelly.pollitt@rugbyfreeprimary.co.uk - 01788 222088

Monday — Friday 8:30am — 3:30pm — Term Time Only

Safeguarding

If you are concerned

that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL. Contact the Warwickshire's Children and **Families Front Door** on 01926 414144. Lines are open Monday Thursday 8am-5.30pm, Friday 8.30am-5.00pm.



If you need to get in touch out of usual office hours, please contact the <u>Emergency Duty Team</u> immediately on **01926 886922.**If you think that a child is at immediate risk, contact the police immediately by dialling **999**.

DROP-IN SESSIONS in

the Family Room, opposite main reception

Monday 8.30-9.30am Tuesday 2:30-3:30pm

Pop in for a cuppa and a chat, looking forward to seeing you.



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Inclusion Team





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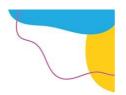
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Listening

Listening is an important skill that helps us to feel connected to others and the world around us. When we listen, we can learn new things, solve problems and interact with people around us. This is great for our mental health as we are using our minds and connecting with people.



Try out these games to test your listening skills:

1 - Sound hunt!

Close your eyes and listen carefully to the sounds around you. See how many sounds you can identify in a minute.

This type of listening activity helps us to connect with the world around us, which can help us to feel calm.

2 - Weekend catch up

In pairs, partners should take it in turns to talk for 1 minute about their weekend. The children should then ask each other questions about their weekend, to see if the listener could remember what they did. Each partner can score points for each question they answered correctly.

3 - I went to the supermarket, and I bought a...

As a class, sit in a circle. The first person says, "I went to the supermarket, and I bought a..." and they choose an item, for example an apple. The next person has to repeat that sentence and choose their own item to add. For example, "I went to the supermarket, and I bought an apple and a book". Keep going around the circle adding items. If someone forgets an item, you move onto the next player. It gets harder as you go!

These two games encourage 'active listening', where you are taking in the information you are hearing. This is a useful skill to practice. You can also practice this at home, trying to remember what you have heard on a programme or video!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.





Cinderella Ice Cream Seller Use code SCHOOLI5 to receive 15% off your booking





Macready Theatre Lawrence Sheriff Street Rugby, CV22 5EJ