

**Rugby Free** 

**Primary School** 

## **Newsletter 35**

Friday 20<sup>th</sup> June 2025

Together we learn, together we shine!

### Windrush assembly

On Monday, Miss Butters led an assembly on the Windrush generation as the anniversary of the first Windrush arrivals is on the 22<sup>nd</sup> June. This is part of our Set for Life curriculum. We discussed how rich and diverse the UK is. She asked the children to put their hand up if they have a parent, grandparent or great grandparent who was born outside of the UK. Over 70% of our school put their hand up. We talked about how differences make us stronger. We then learnt about why and how people travelled from the Caribbean to the UK after the Second World War and what an incredible impact they made to the UK when the UK was struggling to thrive after the war. We talked about how grateful we should be and how sometimes, the Windrush generation, weren't made to feel welcome. It was a very thought-provoking assembly and the pupils showed our values of respect and curiosity in abundance!

#### **KSI Sports Day**

On Tuesday, all of KSI had their annual sports day and took part in a range of track and field events! The children demonstrated some fabulous skills, as well as showcasing all of our school values. We are so incredibly proud of each and every one of them. Even the parent's demonstrated a bit of



Pride Month

Esme created a wonderful poster and shared with Pandas class information Pride about Month and what that means. Esme talked about the importance of all being given respect and kindness regardless of our



personal choices and we thought this reflected our school values amazingly. Well done.

### Clean Air Day

winner.



promoting cleaner air for all. As part of this, Year 2 have created posters to share knowledge about the harm caused by air pollution and how to keep our air cleaner.



scores will be added to KS2's, along with EYFS's on

Monday to declare which house group is the overall

and is run by an environmental charity called Global Action Plan. It began in 2017 and brings together schools, businesses and communities in



## YI 'Moon Zoom' Topic

To blast off our 'Moon Zoom' topic, Year I have been independently researching 'Apollo II' and created some

masterpieces at home for our new topic display in our classrooms. The children went above and beyond in their creative homework



and were so excited to showcase their amazing creations on return back into school. We also thank parents for their ongoing support. Well done, Year I. What a lovely way to start our new topic!

Stars of the Week

**Reception** Giraffes Minha S & Indie-Rose **Zebras** Yasmin & lason

Year One Hedgehogs All Children Rabbits: All Children

<u>Year Two</u> Penguins Thulasi **Seals** Vayden & Isla

Year Three Crocodiles Mussa **Turtles** Reuben

Year Four **Bears** All Children **Eagles** All Children

Year Five **Pandas** Arya **Tigers** Nurun

Year Six **Sloths** Imogen Toucans laime

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## Dogs Trust visited Y4 & Y6

Year 6 and Year 4 were visited by Sarah from Dogs Trust this week who ran some workshops for us. The children were extremely engaged and enjoyed the sessions, demonstrating our

WARWICKSHIRE

SAFE & ACTIVE

SCHOOLS



xtremely engaged and enjoyed the sessions, demonstrating our values of respect and curiosity. Their contributions to discussions during the workshops were fantastic and Sarah was very impressed!

Y4 took part in an amazing workshop lead by the Dogs Trust charity. We learnt all about dog behaviours and how we can show respect to our four-legged friends.

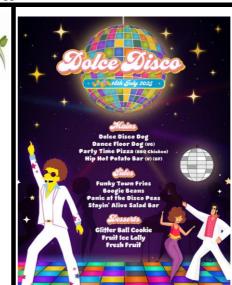


## **Safe and Active**

As part of our work on the Safe and Active Schools award and in preparation for secondary school, Year 6 took part in an impulse control

workshop that was delivered by Sallie from Warwickshire Road Safety team. They demonstrated respect. endeavour and curiosity and it was great to see them collaboratively work when sharing their thoughts and opinions. Well done Year 6!





## **Dolce Disco**

We have a Dolce Disco lunch available on the 18<sup>th</sup> July.

Orders can be placed via School Grid.

### Friends of Rugby Free Primary School (PTA) Playground sales - 4th/11th July

We will be selling ice lollies (50p) and pre-loved uniform on the main playground at the end of the school day on **Friday 4**<sup>th</sup> **July** - if the weather is



poor on this day we will aim to do this on the **II**<sup>th</sup> instead. If your child attends an after school club and would like to buy an ice lolly please ensure that they bring 50p and they will get the opportunity to choose one.

Pre-loved uniform - non logo items 50p, logo items  $\pounds 1$ , blazers  $\pounds 5$ , bags  $\pounds 2$ .

**Easy Fundraising -** An easy way to help us fundraise towards our school is to join easy fundraising. Easy fundraising partners with over 8000 brands who donate part of what you spend to a cause of your choice - in this instance, Rugby Free Primary school. It won't cause any extra cost to you, the cost is covered by the brand. Please search <u>easyfundraising.org.uk</u> or follow the following link to earn free cashback <u>Easy</u> <u>Fundraising</u>



We hope you have a wonderful weekend, as always please follow us on Facebook/Instagram searching **friendsrfps** to keep up to date on our upcoming events.

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**Diary Dates** (please check every week as they are subject to change!)

 23<sup>rd</sup> Jun – Reception Sports day 9am -10:00am at RFPS – Parents welcome
23<sup>rd</sup> Jun – Y3 Bosworth trip
23<sup>rd</sup> Jun – Y1 Football Festival

24<sup>th</sup> Jun – Y2 Football Festival 25<sup>th</sup> Jun – Y6 Drayton Manor 26<sup>th</sup> Jun – Y5 Brandon Marsh trip 27<sup>th</sup> Jun – Y6 Fete Day (children only- see above) 3<sup>rd</sup> Jul – Y2 Blitz Dress up 4<sup>th</sup> Jul – Rec Transport Museum trip 10<sup>th</sup> Jul – Y2 Coventry Cathedral trip I I<sup>th</sup> Jul – Y6 Movie night (more details to follow) 14th Jul – Parents open evening (a chance for parents to have a look at their child's work over the year and talk to the teacher following their report) 3.30pm – 4.30pm 15<sup>th</sup> Jul – Y6 Play performance - parents and extended family welcome – 9.15am (no limit on tickets) **16**<sup>th</sup> **Jul** – Y6 End of Year performance & graduation – 6.00pm (maximum 2 adults only per child please, this will be strictly enforced. Children attending will need to sit on adults' knees if

there is no space) 18<sup>th</sup> July – Last day of Summer Term 21<sup>st</sup> July - Inset Day (school closed for children) 21<sup>st</sup> Jul – 29<sup>th</sup> Aug - Game On Holiday club 1<sup>st</sup> & 2<sup>nd</sup> Sep - Inset Days (school closed for children) 2<sup>nd</sup> Sep – 10<sup>th</sup> Birthday Festival for RFPS - 3pm – 5pm (More information to follow!)

**3<sup>rd</sup> Sep –** Children return to school for Autumn Term

Game On Holiday Camp

Game On is operating a Holiday Camp over the Summer holidays at RFPS. The dates are: WEEK 1: 21st JULY – 25<sup>TH</sup> JULY WEEK 2: 28<sup>TH</sup> JULY – 1st AUGUST WEEK 3: 4<sup>TH</sup> AUGUST – 8<sup>TH</sup> – AUGUST WEEK 4: 11<sup>TH</sup> - 15<sup>TH</sup> AUGUST WEEK 5: 18<sup>TH</sup> – 22<sup>nd</sup> AUGUST WEEK 6: 26<sup>TH</sup> – 29<sup>TH</sup> AUGUST – (Griffin Primary School)

To book your dates, please liaise with Mr Sheehan directly <u>brandon@gameoncoaching.co.uk</u> - the booking form was sent out with the newsletter on 13/06/2025.



Connect for Health: Health and Wellbeing Newsletter



https://compass-uk.org/wpcontent/uploads/2025/06/C4H-Parent-and-Schools-Newsletter.-May-2025\_compressed.pdf



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### **RFPS Family & Children Support Worker** How can a Family Support Worker help me?

- Early Support.
- Sign posting to parent workshops and courses
- Sign posting and completing referrals for other services and organisations such as, Family Information Service, RISE, Young Carers, CASS, Connect For Health, Change Makers, Guys Gift.
- Financial or housing difficulties
- Managing difficult behaviours and promoting positive behaviours
- Mental Health and Wellbeing Support
- Special Educational Needs support
- Family Relationships Support
- Food Bank Vouchers/ benefit entitlements.

## What is Early Support?

Early Support, previously known as Early Help uses a multi-agency approach to implement support strategies for your family at the right time. All children, young people and families in Warwickshire are entitled to receive Early Support. This means offering information, advice, guidance, and support to families as soon as a concern emerges or seems likely to emerge.

> If you would like more information or want to arrange a meeting please attend a drop-in session, call or email.

I look forward to meeting you and being able to provide support for you and your family.



Kelly Pollitt - Kelly.pollitt@rugbyfreeprimary.co.uk - 01788 222088 Monday — Friday 8:30am — 3:30pm — Term Time Only

## Safeguarding

If you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL. Contact the Warwickshire's

Children and **Families Front Door** on 01926 414144. Lines are open Monday Thursday 8amto 5.30pm, Friday 8.30am-5.00pm.

If you need to get in touch out of usual office hours, please contact

immediately by dialling 999.



think that a child is at immediate risk, contact the police

The inclusion team work across the school to support all of our children and families with a variety of things.

**The Inclusion** 

If you need any support from school, or want to know more about what we do, please just send an email FAO our inclusion team and we will reach out to contact you.

DROP-IN SESSIONS in the Family Room, opposite main reception Monday 8.30-9.30am Tuesday 2:30-3:30pm Pop in for a cuppa and a chat, looking forward to

seeing you.

**Inclusion Team** 

Team





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Mental Health in Schools Team **Tips For Wellness** 

## Talking

We can't always see when people are struggling, and people may not be able to see when we are struggling. We need to ask people how they are feeling, and we need to let them know how we are feeling so we can help each other.

There are people we can talk to if we are struggling; whether that be someone in our life already, such as a family member, a friend, or staff in school or college, or someone such as a mental health professional. Always try and speak to someone who you trust and someone who you feel will be able to help you.

There is no shame in wanting to speak with someone about your feelings, we all need to do it sometimes, it is an action of bravery!

## **Our Top Tips For Talking**

- If you want to speak to someone but are struggling to, try writing your thoughts and feelings down or drawing a picture to show how you are feeling and giving this to someone you trust instead.
- 2. You can also agree to have a 'safe word' to use with someone too, which signals that you have something you would like to talk about. For example, you may agree with a family member or teacher that you will say 'bananas!' when you need a private chat. Make sure you say it so that they hear and notice it.
- 3. Draw your handprint and on each finger, write someone's name who you could speak to if you needed to talk about something.
- 4. Try and write down a list of ways you could support someone if they were talking to you about worries or sad feelings they were having.
- 5. Remember, you are never a burden for asking for support...there is always someone who will want to help.

Scan the QR codes for more information about who you can talk to:





#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate! <u>thankskids@covwarkpt.nhs.uk</u>. MHST are available to support you and your school throughout the school year including term time and school holidays.

> Please contact your school's Mental Health Lead for information and advice.

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