

Primary School

Newsletter 37

Friday 4th July 2025

Together we learn, together we shine!

Year 2 – RE



On Thursday, Y2 took part in an immersive day learning all about the Coventry Blitz as part of our RE curriculum! The children dressed up in 1940's attire and learned about reconciliation



Girls Football

whilst thinking about what life may have been

like after the event. They got involved in making peace doves, spreading kindness, creating a stained-glass window and even attempted to reconstruct the cathedral. What a great day we had!



On Thursday, we played against Cawston Grange

primary. We fought hard and won 9-0. Mia and Eliza

both scored a hat trick. As well as this, Erin scored two

and Maizie scored her first ever goal! Overall, this was

fun and exciting, and it was great to see us all

collaborating on the pitch. Well done everyone!!

Written by Mia and Arielle Y6

itars of the Week

Reception Giraffes All Children Zebras All Children

Year One Hedgehogs Arthur **Rabbits**: Dhruv

Year Two Zachary & Leia **Seals** Morgan

Boys Football

Our heroic captain, Rex, carried the team all the way through the amazing tackles and endless encouragement to a wonderful win. Many thanks to Mrs Wesley for coaching the team. The final score was 5-1 to RFPS. The opening goal was scored by Arlie followed by another screamer. Then, Cassius scored his first ever goal in competitive football. The final two goals were

scored by Zach and Billy. All the boys loved it and can't wait for the next game we play.

Written by Moshi and Wilf **Y4**



A Surprise Visit from an Ambulance

This week, we had an exciting surprise.....a visit from a real ambulance! The children met the friendly paramedics, explored the inside of the ambulance, and even had a turn lying on the stretcher. The highlight? Logan got to switch on the lights and siren! It was super fun. Thank you for the paramedics for giving up their time to give us this amazing experience and everything they do for the community in Rugby and beyond! #reallifeheroes





Penguins

<u>Year Three</u> Crocodiles Charlie & Darshan **Turtles** Theo & Sneha

Year Four **Bears** Reuben **Eagles** William

Year Five **Pandas** Chloe **Tigers** Patrick

Year Six Sloths Harry Toucans Molly & Sophie

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Workshops for Parents and Carers

Being a parent is one of the most demanding jobs you will ever have, but you are not alone. Here at Rugby Free Primary we are partnering with parents and carers at Rugby Free Secondary School, providing a space for families to connect, share experiences and gain support. As part of this, the Family and Relationship Support Team is working alongside us to offer workshops and programmes focused on parenting, family life, and relationships.

To ensure we provide the most relevant support we'd love to hear from you. Please take a moment to **complete this short questionnaire** to let us know what support you feel is needed and what sessions you would find beneficial.

<u>https://forms.office.com/Pages/ResponsePage.aspx?id=BqqwiCdZu0uok4nMJxOsgo-U59aRf9FBr0WoS5p7F-RUMTA3OU1VRzBQQIZCSzI4SVNGNIA3N0hIVC4u</u>

Friends of Rugby Free Primary School (PTA)

Break the rules day - 14th July

Our last fundraiser of the 24/25 academic year!! Forms will be sent out next week with more information, there are a couple of new rules to break this year!! Your child can choose to break as many or as little rules as they wish, the fine for each rule broken is 50p. Please return your form with fines on the day to your class teacher or the office. We look forward to seeing you all. Thank you

Easy Fundraising - An easy way to help us fundraise towards our school is to join easy fundraising. Easy fundraising partners with over 8000 brands who donate part of what you spend

to a cause of your choice - in this instance Rugby Free Primary school. It won't cause any extra cost to you, the cost is covered by the brand. Please click here <u>easyfundraising.org.uk</u> to earn free cashback.

We hope you have a wonderful weekend, as always please follow us on Facebook/Instagram searching friendsrfps to keep up to date on our upcoming events.

Diary Dates (please check every week as they are subject to change!)

10th July – Y2 Coventry Cathedral trip

IIth July – Y6 Movie night – 6pm-9pm

14th July – Break the Rules Day (Friends of RFPS event) 14th July – Big Sing – Year 2 – Year 6 - Parents invited to come and watch the children sing some assembly songs on the playground at the end of the day – 2.45pm – 3.05pm

14th July – Parents open evening (a chance for parents to have a look at their child's work over the year and talk to the teacher following their report) 3.30pm – 4.30pm

15th July – Y6 Play performance - parents and extended family welcome – 9.15am (no limit on tickets)

16th July – Y6 End of Year performance & graduation – 6.00pm (maximum 2 adults only per child please, this will be strictly enforced. Children attending will need to sit on adults' knees if there is no space)

17th July – Y4 Greek Day

18th July – Last day of Summer Term 21st July - Inset Day (school closed for children) 21st Jul – 29th Aug - Game On Holiday club 1st & 2nd Sep - Inset Days (school closed for children)

2nd Sep – 10th Birthday Festival for RFPS - 3pm – 5pm (More information to follow!)

3rd Sep – Children return to school for Autumn Term

Game On Holiday Camp

Game On is operating a Holiday Camp over the Summer holidays at RFPS. The dates are:

WEEK 1: 21st JULY – 25TH JULY WEEK 2: 28TH JULY – 1st AUGUST WEEK 3: 4TH AUGUST – 8TH – AUGUST WEEK 4: 11TH - 15TH AUGUST WEEK 5: 18TH – 22nd AUGUST WEEK 6: 26TH – 29TH AUGUST – (Griffin Primary School)

To book your dates, please liaise with Mr Sheehan directly <u>brandon@gameoncoaching.co.uk</u> - the booking form was sent out with the newsletter on 13/06/2025.



Connect for Health: Health and Wellbeing Newsletter – June edition (click here)



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RFPS Family & Children Support Worker How can a Family Support Worker help me?

- Early Support.
- Sign posting to parent workshops and courses
- Sign posting and completing referrals for other services and organisations such as, Family Information Service, RISE, Young Carers, CASS, Connect For Health, Change Makers, Guys Gift.
- Financial or housing difficulties
- Managing difficult behaviours and promoting positive behaviours
- Mental Health and Wellbeing Support
- Special Educational Needs support
- Family Relationships Support
- Food Bank Vouchers/ benefit entitlements.

What is Early Support?

Early Support, previously known as Early Help uses a multi-agency approach to implement support strategies for your family at the right time. All children, young people and families in Warwickshire are entitled to receive Early Support. This means offering information, advice, guidance, and support to families as soon as a concern emerges or seems likely to emerge.

Inclusion Team

If you would like more information or want to arrange a meeting please attend a drop-in session, call or email.

I look forward to meeting you and being able to provide support for you and your family.



Kelly Pollitt - Kelly.pollitt@rugbyfreeprimary.co.uk - 01788 222088 Monday — Friday 8:30am — 3:30pm — Term Time Only

Safeguarding

lf you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL. Contact the Warwickshire's Children and Families Front Door on 01926 414144. Lines are open Monday to Thursday 8am-



5.30pm, Friday 8.30am- 5.00pm. If you need to get in touch out of usual office hours, please contact the Emergency Duty Team immediately on **01926886922.** If you think that a child is at immediate risk, contact the police immediately by dialling 999.

The Inclusion Team **Miss Lydiat** Mrs Pollit The inclusion team work across the school to support all of our children and families with a variety of things.

If you need any support from school, or want to know more about what we do, please just send an email FAO our inclusion team and we will reach out to contact you.

DROP-IN SESSIONS in the Family Room, opposite main reception Monday 8.30-9.30am Tuesday 2:30-3:30pm Pop in for a cuppa and a chat, looking forward to seeing you.





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Changes are a normal part of our lives and they affect us all in different ways. Some changes may feel small to you, but big to another person, and the opposite for a different change. For example, moving to a new class or school, moving homes, or starting a new club. They can feel exciting, but they can also feel overwhelming and stressful, especially when they are unexpected. Below are some tips to help you cope with changes that may feel hard for you.

Our tips for coping with change:

1 – Keep doing things you enjoy!

When we feel stressed or worried, it can be easy for us to focus on the worries all the time and forget to do the things that make us happy. Make sure to plan in time at the weekends and evenings to do things you enjoy to help you relax and boost your mood!

2 – Think about what you can control

When a change is unexpected or overwhelming, we can feel a bit like we have no control over the situation or how it is making us feel. It can be helpful to think about what you do have control over in this situation. For example, we can't control how the change makes us feel but we can control how we react to the situation and what we do following the change. Such as, staying connected with our friends and family, keeping to our daily routines, and planning ahead where we can.

3 - Look for the positives

While change can feel hard, there's often something good that comes from it, even if it is not immediately obvious. Such as, new opportunities, new people or learning experiences. You might even surprise yourself and enjoy the change!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



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