



# Rugby Free

Primary School



*Together we learn, together we shine!*



Newsletter 3

Friday 19<sup>th</sup> September  
2025

## Year 2 – Rugby Art Gallery & Museum



On Thursday, Y2 had a very exciting workshop delivered by the Rugby Art Gallery and Museum that taught us all about the history of the sport of Rugby, with a particular focus on influential women. It links nicely with our history topic as we are learning about the history of our local area! The children were taken back in time to 1830, where they learnt about Rebecca Lindon manually blowing up pig's bladders for the inside of balls. We then travelled all the way through to the present day! The children showed excellent enthusiasm throughout the workshop. A big thank you to Rugby Art Gallery and Museum for providing us this with this wonderful workshop.



## Free KS2 learning

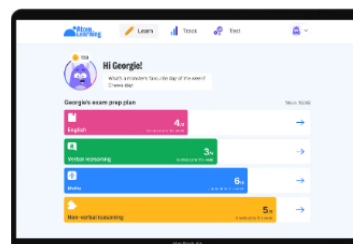
We work in partnership with [Atom Learning](#), the leading online Key Stage 2 learning and 11+ preparation platform, to provide children in Years 3-6 who are eligible for Pupil Premium with free Atom Home accounts. **Atom Home is normally £575.90 per year.**

Atom Home provides Key Stage 2 learning resources, helping children build exam technique, subject mastery and academic confidence.

If your child is aged between 7 and 11 and has been eligible for free school meals at any point in the last six years (please check with the school office if you are not sure), please fill in the form by clicking the button below.

[<<Access free KS2 learning>>](#)

For other families, there is a five-day free trial of Atom available: <https://atomlearning.com/11-plus>



## School Lunch



If your child has a food allergy, intolerance or lifestyle choice (such as vegetarian), please scan the QR code for a 'special diet request form'. Our suppliers will create a special menu for your child.

If you completed the form before September, please scan the QR code to complete the form.

If you have completed and received a special diet menu for your child, no further action is needed.

All lunch orders must be completed at home, orders can be made until 8:45 on the day.

## Stars of the Week

### Reception

#### Giraffes

Ayra & Maisie

#### Zebras

Sarah & Zachary

### Year One

#### Hedgehogs

Louis

#### Rabbits

Isaiah

### Year Two

#### Penguins

Dasie

#### Seals

Jiyan

### Year Three

#### Crocodiles

Rayelle

#### Turtles

Jasmine

### Year Four

#### Bears

Alex

#### Eagles

Anvay &

Adas

### Year Five

#### Pandas

Leah

#### Tigers

Hollie

### Year Six

#### Sloths

Amelia

#### Toucans

Nicholas

**Resilience Collaboration Curiosity Respect Kindness Endeavour**



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## Friends of Rugby Free Primary School (PTA)

We will be holding our next meeting on Monday 22nd September, 7:30pm at **Brewers Fayre**. We would love to see new and familiar faces as we kick off our planning for this academic year. Please come along and see what we're about. We do not expect you to attend all events or meetings as we understand lives are busy. Any amount of time you can give to help would be greatly appreciated.

### Macmillan Coffee Morning - 26th September 2025, 9-10am

We invite you to join us for hot drinks, cake and more, all donations for this will go to raise money for this wonderful charity. Bring friends, family and neighbours, we will also have pre-loved uniform available - any money raised from uniform will go back to our school. Decaf, free from items and toys for younger children will also be available. If you would like to donate any cakes/biscuits it would be greatly appreciated. If cakes are homemade please ensure a full ingredient list is provided and NO nuts are contained in any products. Please bring these to school on Thursday or Friday morning. Thank you in advance and we look forward to seeing you all there.

Please scan the QR code for our fundraising page if you wish to donate but cannot make our coffee morning.

### Upcoming event dates for your diary-

**KS2 Spooky Disco** - 16th October 5:45-7pm (years 3-6 only, reception & years 1&2 will be in the new year) more details for tickets will come soon.

**Christmas Fayre** - Saturday 22nd November, 11am-2pm lots of stalls, games, food and grotto. Start your Christmas shopping with friends and family.

**Diary Dates** (please check every week as they are subject to change!)

**22<sup>nd</sup> Sept** – Friends of RFPS meeting – 7.30pm  
Brewers Fayre

**26<sup>th</sup> Sept** – Macmillan Coffee morning hosted by Friends of RFPS

**26<sup>th</sup> Sept** – International Day of Languages

**29<sup>th</sup> Sept – 3<sup>rd</sup> Oct** – Y6 Residential – Willersley Castle

**7<sup>th</sup> Oct** – Y2 trip to Twycross Zoo

**16<sup>th</sup> Oct** – Friends of RFPS KS2 Spooky Disco (see above)

**20<sup>th</sup> Oct** – Y1 trip to St Johns Museum

**22<sup>nd</sup> Oct** – Y4 Coombe Abbey

**23<sup>rd</sup> Oct** - School photos – individual & sibling

**24<sup>th</sup> Oct** – Staff training day (school closed to pupils)

**27<sup>th</sup> Oct – 31<sup>st</sup> Oct** – Half term

**6<sup>th</sup> Nov** – Y3 Compton Verney

**13<sup>th</sup> Nov** – Y5 London

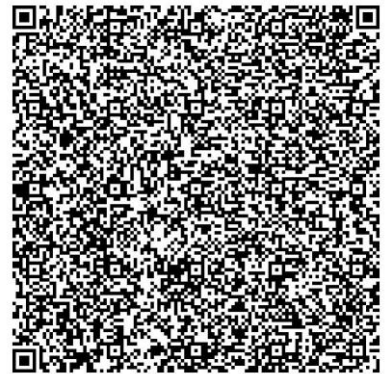
**14<sup>th</sup> Nov** – Staff training day (school closed to pupils)

**22<sup>nd</sup> Nov** – Friends of RFPS Christmas Fayre (see above)

## Safeguarding

If you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL. Contact the **Warwickshire's Family Connect** on **01926 414144**. Lines are open Monday to Thursday 8am-5.30pm, Friday 8.30am-5.00pm.

If you need to get in touch out of usual office hours, please contact the Emergency Duty Team immediately on **01926 886922**. If you think that a child is at immediate risk, contact the police immediately by dialling **999**.







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## Connect for Health Newsletter

Read the September health and wellbeing newsletter, delivered to you from Connect for Health, your School Nursing Service.

**Our health focus of the month is Healthy Sleep and Routines**



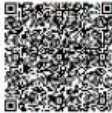
<https://compass-uk.us/0.list-manage.com/track/click?u=efc6fb025a420bf354133fa1f&id=a81c738172&e=48c30bc5b0>



## Strength

Each of us has a unique set of strengths and abilities that help us face life's challenges. Focusing on your strengths doesn't mean ignoring your weaknesses — it means using what you're naturally good at to help you grow, build confidence, and work through tough times. In doing so, you move closer to living a more fulfilling and resilient life.

### Our Tips for strength:

1. **Appreciate your strength** – when you experience a difficult time, it's easy to forget how strong you are! Try and remember other times in your life when you've got through something challenging. Remember how strong you were to get through those circumstances and know you have the strength to get through other difficulties too.
2. Remind yourself **"all we can do is try our best"** and **"you are good enough"**.
3. Being kind to others can help build our own strength as well as others! As a class, have a go at playing **'kindness bingo'** by following the QR code: 
4. **Take Time to Rest and Recharge** - your mind needs breaks just like your body. Take a few quiet minutes to breathe, read, draw, or go outside. That helps your brain feel strong and calm.
5. **Ask for Help When You Need It** - being strong doesn't mean doing everything alone. It's *smart and brave* to ask for help — that's how we grow and learn!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

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