



Rugby Free

Primary School



Together we learn, together we shine!



Newsletter 13

Friday 5th December
2025

Reception & Year 2

In Reception and Year 2, we had a visit from a local Reverend. In Reception, we engaged in an interactive story, and we enjoyed talking about our roles in our Nativity. In Year 2, we were able to showcase what we know about Jesus, and we asked the Reverend some fantastic questions to extend our knowledge.



We were all very respectful and made ourselves and our teachers proud.



Stars of the Week

Reception

Giraffes
Dhruv &
Roseabella
Zebras
Millie & Teia

Year One

Hedgehogs
Arsal
Rabbits
Hitsy

Year Two

Penguins
George
Seals
Sruthi

Year Three

Crocodiles
Jacob
Turtles
Fareeha

Year Four

Bears
Veer
Eagles
Alexander

Year Five

Pandas
Freya
Tigers
Arthur

Year Six

Sloths
James
Toucans
Nicolas & Freddie

Head Teacher

**Award
Kindness &
Collaboration**

Tomi
Arlie
Zach
Moshi
Max

Year 3 & 4 - Athletics competition

Our Year 3 and Year 4 children took part in a Sportshall Athletics competition on Monday,



showcasing their developing track and field skills with great energy and confidence. Competing against some very strong teams, they demonstrated impressive perseverance, teamwork, and sportsmanship throughout every event. We are delighted to announce that they achieved a fantastic 3rd place finish. A huge well done to all the children for their brilliant effort!

Girls Football

We are delighted to share that our school has been awarded a special trophy in recognition of our outstanding



commitment to girls' football last year. This achievement reflects the enthusiasm, dedication, and hard work shown by our players, as well as the continued support from staff and families. The trophy is a wonderful celebration of how far our girls' football programme has come, and we look forward to building on this success in the year ahead. Well done to everyone involved!

Years 2-6 Christmas Carol Celebration

We will be holding a Christmas Carol Celebration for Y2-Y6 on Friday 19th December from 2.45-3.05pm

The children (Y2-6) will come out with their teachers to the main playground at 2.45pm, where they will perform some carols. Parents/carers are invited to join us for this. The gate will open at 2.40pm and you will be directed to the audience area. Please note, throughout the performance pupils will remain with the school adults.

After the performance, you are welcome to take your child early (class teachers will dismiss in the usual way) ready for EYFS/Year 1 collection. Year 2 will be dismissed as usual from their playground.



Year 4 - D&T



This morning, Year 4 made a healthy wrap as part of their D&T learning this term. We have been learning about balanced diets and nutritional food. The children prepared all of the ingredients and then made and tasted their own wrap. They showed fantastic skills and behaviour and enjoyed their tasty treat!



Antibiotics

Just a reminder to parents about antibiotics protocols. We are happy to give pupils antibiotics if they are prescribed for 4 times per day (or every 6 hours). If it is just 3 times a day, they don't need to be given in school (unless in both breakfast and care clubs). 3 times a day/8 hourly antibiotics can be given at breakfast/just after school/just before bedtime. This has always been our policy. Thank you.

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Language Leaders



Language leaders have set up a language club that takes place at lunchtime on Mondays. They made posters and promoted the club in their classes. We have had so many children come to attend the club, which has been wonderful to see so many children want to learn other languages. They have all been amazing in the club too, showing respect, curiosity and excellent participation.



So far, we have learnt some greetings and saying how we feel in French and numbers and greetings in Japanese. This week, Shaan and Eshaal in Year 4 delivered the club and taught Punjabi. We looked at where Punjabi is spoken, how to ask how someone is and learnt the numbers 1-10. We discovered there were some similarities between numbers in Punjabi and Spanish which was fantastic to see. Next week we will be learning Polish, and this will also be another student delivering the session. We can't wait!

Meet our language leaders

We would like to introduce our fabulous language leaders to you who are already doing a fantastic job in their roles. They have set up language club on a Monday at lunchtime; they are in charge of writing the date in Spanish in their classes and writing up the Spanish phrase of the week on their class whiteboard. It is a real pleasure getting to work with them, they are taking their role very seriously and are amazing language ambassadors! I look forward to doing many more things with them throughout the year to continue to promote our love of learning languages.

Year 3 – Emmie (Crocodiles)

I decided to be a language leader because I like learning different languages and I love helping people understand languages better. Languages are important to people to help us understand each other and for everyone to get heard.

Year 3 – Fareeha (Turtles)

I chose to be a language leader because I like learning about different traditions and different languages. I love learning about other people too.

Year 4 – Ellen (Eagles)

I chose to be a language leader because I believe languages are one of the most important things in life. I think this because languages bring people together and help people communicate. What I have enjoyed about being a language leader is helping organise language club so I can learn different languages. I do not speak any languages, but my mum speaks Bengali and my dad speaks Irish. At school, I love learning Spanish.

Year 5 – Wilf (Tigers)

I chose to be language leader because I enjoy learning different languages. If I speak different languages, I can talk to different people all over the world. Languages are important because they mean everyone has a different way of communicating. I enjoy being language leader because I get to be in charge of Spanish.

Year 5 – Tessa S (Pandas)

I chose to be a language leader because I love learning new languages and I speak Spanish because my dad is from Mexico. I like what we do at meetings, especially when we make posters to promote language club. I think languages are important so we can speak to different people in their language and also help for when we go on holiday.

Amaya – Year 6 (Sloths)

I like to be language leader because languages are important to me and I like to teach other people my language.

Erin W – Year 6 (Toucans)

I chose to be a language leader because it's a big responsibility and I think I can handle it. I think languages are important because it can let you communicate with other people around the world. I enjoy doing different things to help people learn different languages.

Staffing

Today we said goodbye to Mrs Collis (formerly Miss Bishop) as she is changing paths with her career. Mrs Collis has been a fabulous part of the team for the last 4 years as a Teaching Assistant and will be missed by all the children and staff, especially those in Year 6. We wish her all the best for her future endeavours. We are interviewing next week for two more teaching assistants to join our brilliant staff team!



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Foodbank donations

Thank you to everyone who donated so generously to our Food Bank collection as part of the RFPS Live Advent calendar.

We have delivered the donations to the Foodbank today ready for Christmas and they were very grateful for everything that has been donated. Thank you! #kindness



Festive Inspire workshop – Friday 12th December 9.00am – 10.30am

This is a chance for parents/carers to come in to school and take part in some fun festive crafts with your child (one adult per child please).

Only children who have an adult attending the workshop will stay in the classroom. Children whose adult is unable to attend will take part in the activities with a school adult in the Hall. This is because some children become upset if they do not have an adult in attendance. **Please let us know**

if you will be attending by completing the short form via the link:

[Festive Inspire workshop - Friday 12th December - 9am-10.30am – Fill in form](#)



Spring Term Club Booking

Bookings for Spring Term clubs went **live on MCAS at 6pm on Sunday 30th November**. As per our Clubs Policy, clubs must be booked for a whole term, they must also be paid for in advance via MCAS, Childcare Vouchers, or the government childcare scheme. If you have previously had agreement to pay monthly, then this will still stand. However, if you pay monthly, all clubs must be fully paid for by February half term.

Any changes once you have booked clubs for the Spring term, must be made via e-mail to the school office by **12th December**. After this date the club staff will have been allocated, and you are required to make the payment.

Spring Term 2025/2026 After School Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
EYFS and KS1	Football	Dodgeball	Gymnastics	Pokémon	Kick cricket/team games
	Disney club	Around the world		Construction	Junk modelling
	Construction	Double Dance	Under the sea	Multi sports	
KS2	Multisports	Football	Netball	Double Football	Dodgeball
	Quiz club	Construction	Pokémon		Comic/chess club
	Cricket	Art club	Cross Stich	Cheerleading	
EYFS - Y6	Choice	Choice	Choice	Choice	Choice

If you have any outstanding payments for Autumn term clubs then you will be unable to book for the Spring term until these are cleared. If a booking is made this will be cancelled.



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Diary Dates (please check every week as they are subject to change!)

9th Dec – Y1 Christmas play performance for parents – 9.15am

10th Dec – Y1 Christmas play performance for parents – 9.15am

12th Dec – Festive Inspire workshop – 9am-10.30am - parents/carers join us for some Christmas crafting (one adult per child please – see above)

12th Dec – Christmas Jumper Day

12th Dec – Christmas lunch (please order via Grow)

16th Dec – Reception Christmas play performance for parents – 9.15am

17th Dec – Reception Christmas play performance for parents – 9.15am

18th Dec – Rec & Y1 Theatre trip

18th Dec – Y2-Y6 Cinema trip

19th Dec – Y2-Y6 Christmas Carol Celebration – 2.45pm-3.05pm

22nd Dec-2nd Jan 2026 – Christmas holiday

5th Jan 2026 – Staff training day (school closed to pupils)

13th Jan – Young Voices for some of Y5 and 6

23rd Jan – Friends of RFPS meeting at Brewer's Fayre – 7.30pm

7th Jan – Y4 Residential meeting for parents - 4.30pm

Safe & Active Schools

A huge thank you to the Year 3 and 4 children who have participated in the Bling your bag competition. We will be judging these in the upcoming week



Safeguarding

If you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL. Contact the **Warwickshire's Family Connect** on **01926 414144**. Lines are open Monday to Thursday 8am-5.30pm, Friday 8.30am- 5.00pm.

If you need to get in touch out of usual office hours, please contact the Emergency Duty Team immediately on **01926 886922**. If you think that a child is at immediate risk, contact the police immediately by dialling **999**.

SAFEGUARDING

Safeguarding our children is everyone's responsibility

If worried about any child being a victim of neglect, abuse or cruelty whilst at RFPS, you must tell Miss Finch or, in her absence, one of her safeguarding team.

	Miss Finch Designated Safeguarding Lead		Mrs Collidge Deputy Designated Safeguarding Lead		Mrs Pollitt Deputy Designated Safeguarding Lead
	Miss Butters Deputy Designated Safeguarding Lead		Mrs Screen Deputy Designated Safeguarding Lead		

Jennifer Beattie
Trustee for Child Protection & Safeguarding

If you consider a child is in immediate danger phone the Police on 999 or phone Family Connect on 01926 414144 or out of hours on 01926 886922.

Game On Holiday Camp

Game On are operating a Holiday Camp over the Christmas holidays at RFPS.

The dates are:

Monday 22nd December – Tuesday 23rd December

The booking form was sent out with the newsletter on 21-11-2025





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2025



Mental Health in Schools Team
Tips For Wellness



Connect

Children thrive when they feel connected to family, friends, and their community. As a parent or carer, you play a key role in helping them build strong relationships and emotional resilience. Connection is essential for emotional wellbeing – small, consistent action such as listening, playing and supporting friendships can have a lasting impact.

Our tips for connecting at home:

1. Encourage Everyday Conversations

- Ask about your child's day and really listen.
- Share your own stories to show openness and trust.
- Try "highs and lows" of the day at mealtimes—what was the best and hardest part?

2. Support Play and Shared Activities

- Play games, do crafts, or cook together—these build bonds and social skills.
- Encourage your child to join clubs, sports, or hobbies with peers.
- Tip: Even short periods of shared fun strengthen relationships.

3. Model Positive Friendships

- Show healthy ways to make and maintain friendships.
- Talk about how you handle conflicts or disagreements respectfully.
- Tip: Children learn connection by watching how you treat others.

4. Encourage Empathy and Kindness

- Praise acts of kindness and encourage helping others.
- Discuss feelings and perspectives to build emotional awareness.
- Tip: Use stories or role-play to practice empathy in everyday situations.

5. Quality Family Time

- Share meals, read together, or have family game nights.
- Even 10–15 minutes of focused attention helps children feel valued.
- Tip: Make time a priority, not just a free moment.

Remember:

- Connection is a skill children can develop—your support makes a difference.
- Small, consistent efforts to nurture relationships build lifelong wellbeing.

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



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