



Rugby Free

Primary School



Together we learn, together we shine!



Newsletter 20

Friday 6th February
2026

NSPCC Number Day Event

The NSPCC is a charity who want to help every child to have a safe and happy childhood.

Number Day – 6th
February



What a **super day** we had celebrating **Number Day**! Children and adults alike got into the spirit, dressing up as **numbers and rock stars**, creating a fun and energetic atmosphere across the school.

Throughout the day, children took part in a range of **maths-themed challenges, TTRS tournaments**, and exciting games that put their number skills to the test. There were also plenty of smiles at the **photo booth**, and children enjoyed showing off their very own **“rocking” tattoos!**

A huge **thank you for the generous donations** made on the day. We are delighted to share that all funds raised will be **gifted to the NSPCC.**

Finally, a **big thank you to Kahlo House**, who did a fantastic job organising and running the activities throughout break times. Your hard work and enthusiasm helped make the day such a success.

🎸 A truly rock-star effort from everyone involved! 🎸

Stars of the Week

Reception

Giraffes
Millie & Dylan
Zebras
Tyler & Jessica K

Year One

Hedgehogs
Austin
Rabbits
Ada

Year Two

Penguins
Olivia
Seals
Lalana

Year Three

Crocodiles
Nova
Turtles
Oscar

Year Four

Bears
Oliver I
Eagles
Nicholas

Year Five

Pandas
Penny
Tigers
Reuben

Year Six

Sloths
Sophia
Toucans
Skylar



Year 1

Year 1 had an exciting visit from 'The Animal Man' this week, bringing their *Animals Including Humans* science learning to life! The children had the chance to meet a variety of exotic animals and learn fascinating facts about different habitats, diets and how animals adapt to survive. There were lots of brave volunteers and

plenty of “wows” as pupils observed the animals up close and asked thoughtful questions. It was a fantastic hands-on experience that sparked curiosity and deepened their understanding of the animal world. Well done Year 1 for being such respectful and enthusiastic learners!

KSI - Change4Life

Five of our KSI pupils had a fantastic time representing our school at the Change4Life event held at Paddox Primary on Monday. The children took part in a range of fun, energetic activities designed to show how easy and enjoyable it can be to stay active. From team challenges to fast-paced games, there were smiles all around and plenty of cheering. The pupils showed great enthusiasm, brilliant teamwork and lots of determination when trying new activities. One child even said it was “the best day ever,” which says it all! We’re so proud of the way they embraced every opportunity and came back inspired to keep moving and staying healthy.



Reception

Giraffes class has been busy getting active with their balance bike training this week! Over a series of daily sessions, the children have been learning how to control and manoeuvre their bikes with increasing confidence. They’ve practiced steering, balancing, gliding and stopping safely, while also learning important safety skills such as awareness of space and looking out for others. It has been wonderful to see their confidence grow each day, along with their resilience and determination as they mastered new skills. Well done, Giraffes! Next week, the Zebras will be getting involved with the same training, so look out for their photos in the next newsletter.



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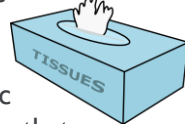
Year 4

Year 4 had a visitor on Monday. Rev Pete came to talk to us about what he believes God is like and the concept of the Holy Trinity. We really enjoyed asking him lots of our questions and learned a lot about Christian beliefs to help us in RE. Thank you for coming Rev Pete!



Preparation For STEM Week – plea for recycling

Years 1 & 6 are in need of cardboard boxes/materials for STEM week. Examples of what we are looking for are items such as egg, shoe, cereal and tissue boxes etc. Y4 are also in need of plastic bags. If you have any of these that you are able to donate to school, we would really appreciate it. Thank you!



Safe & Active Schools

The Year 5 children who took part in Bikeability training in October have been rewarded with a free rechargeable bike light from Warwickshire County Council. Well done to them and stay safe on your bikes!



新年快乐
HAPPY CHINESE NEW YEAR
YEAR OF THE FIRE HORSE
Thursday 12th February
Sweet and Sour Chicken served with Rice
Vegetable & Five Bean Noodles
Served With Green Beans
Or Sweetcorn
Jacket Potato with a Choice of Fillings
Tomato Pasta
Sandwich with a Choice of fillings
Vanilla Ice Cream
Jelly
Fruit

Lunch this week

On Thursday 12th February we have a special menu celebrating Chinese New Year. Please place orders as usual via the Grow app.

To celebrate pancake day the children will have the option of having pancakes for pudding on Friday 13th February. You do not need to pre-order these.



Friends of Rugby Free Primary School (PTA)

**Reception & KS1
Friendship Disco**
WEDNESDAY 11TH FEBRUARY
Reception - 4:45-5:45pm
Years 1&2 - 6-7pm
£2.50 PER CHILD
Please see your letters or the newsletter for payment details.
Tuck shop
Hot Drinks
Glowsticks.
(50p/£1 cash or card)
Tattoos (50p cash only)
Unlimited drinks for children
• Parents/carers are required to stay • Enter via the hall entrance
• Wear bright or Neon colours if possible • Colouring available in a quieter room

FRIENDSHIP DISCO RECEPTION & YEARS 1 & 2. - WEDNESDAY 11TH FEBRUARY.

Reception 4:45-5:45pm and years 1&2 6-7pm. Come along for an evening of fun with your friends. Tickets are £2.50 per child. There will be a tuck shop, hot drinks for adults and unlimited squash/water for children, glowsticks, tattoos and a colouring room for anyone who wishes to have a calmer experience. Please bring cash/card (tattoos will be cash only). We will also have friendship bracelets available for 50p when you purchase them you will get two so you can give one to a friend. Please note that an adult will need to attend and we ask that you supervise your child but adults do not need a ticket. Due to space unfortunately no siblings can attend, you are welcome to send your child with a trusted adult but please let school know. **The deadline for ticket sales will be TOMORROW the 7th February** - after this time the ticket site will be closed and no further tickets will be available, no tickets will be available on the night this is to allow our volunteers time to purchase items and form registers & numbers for safety. Please follow this link below to get your ticket/s. [RFPSfriendshipdisco2026tickets](https://www.rfpsfriendshipdisco2026tickets.com)

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All Sorts Magazine

Here is the link to the Jan/March digital edition of Allsorts magazine https://bit.ly/ALLSORTS-MAG_JANMARCH you can tap straight to advertisers' websites too when viewing the mag on your phone/tablet (please mention allsorts). There are lots of attractions to visit, services and clubs/classes to help your family. You can view this issue at www.allsortsmag.com too or on the allsorts Facebook page. Take care - Michelle Love (Editor).

Game On Holiday Camp

Game On is operating a Holiday Camp over the February Half term. The booking form was attached with the newsletter on 16th January. Please liaise with Mr Sheehan directly for bookings.

The dates are: **Monday 16th to Friday 20th February 2026.**



Diary Dates (please check every week as they are subject to change!)

11th Feb – Friends of RFPs Discos (see details above)

12th Feb – Y5 Inspire Workshop 9am–10am

16th – 20th Feb – Half term

24th Feb – Y2 Inspire workshop 9am–10am

26th–27th Feb – Y4 Residential

2nd and 3rd Mar – Parents evening Y1 – Y6 (booking details to follow)

3rd and 4th Mar – Parents evening Rec (booking details to follow)

4th Mar – Class photos

5th Mar – World Book Day (dress up as a character inspired by a book or non-uniform)

10th Mar – Reception Inspire workshop 9am–10am

10th Mar – Y2 Warwick Castle trip

20th Mar – Rec Farm trip

25th Mar – Y6 Beaumanor Hall trip

30th Mar – 10th Apr – Easter Holiday

30th April – Y3 Hunstanton trip

Safeguarding

If you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL. Contact the **Warwickshire's Family Connect** on **01926 414144**. Lines are open Monday to Thursday 8am–5.30pm, Friday 8.30am– 5.00pm. If you need to get in touch out of usual office hours, please contact the **Emergency Duty Team** immediately on **01926 886922**. If you think that a child is at immediate risk, contact the police immediately by dialling **999**.

SAFEGUARDING
Safeguarding our children is everyone's responsibility

If worried about any child being a victim of neglect, abuse or cruelty whilst at RFPs, you must tell Miss Finch or, in her absence, one of her safeguarding team.

	Miss Finch Designated Safeguarding Lead		Mrs Colledge Deputy Designated Safeguarding Lead		Mrs Poitill Deputy Designated Safeguarding Lead
	Miss Butler Deputy Designated Safeguarding Lead		Mrs Screen Deputy Designated Safeguarding Lead		

Jennifer Beattie
Trustee for Child Protection & Safeguarding

If you consider a child is in immediate danger phone the Police on 999 or phone Family Connect on 01926 414144 or out of hours on 01926 886922.

Workshops and drop in sessions with the Warwickshire Children with Disabilities Team

Parents and carers are invited to join Family Support Workers from the Children with Disabilities Team for relaxed and friendly workshops to explore how visual communication aids (e.g. visual schedules, now and next boards) can support children and young people at home and in the community. Drop in sessions are also available for an informal chat on SEND & the services that offer support to children & their families.

[Warwickshire Children with Disabilities Team Family Support Workers Events - 7 Upcoming Activities and](#)



Communication workshop for parents and carers

Visual Timetables, Now & Next Boards & Social Stories

Date: 11th February 2026

Time: 09:30 – 11:30

Location: The Griffin Primary School Lower Lodge Avenue
RUGBY
CV21 1N

Join us for a relaxed and friendly session where we'll explore how visual communication aids can support children and young people at home and in the community.

Whether you're new to visual supports or looking for fresh ideas, come along for an informal chat, practical tips, and helpful resources.

You can book on [Eventbrite](#)

For more information contact CwDAssessmenthub@warwickshire.gov.uk



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Mental Health in Schools Team
Tips For Wellness



Children's Mental
Health Week:
9th-15th Feb

Dimensions tool



Free online personalised self-care
information & support for adults and
children in Coventry & Warwickshire

Kindness

Kindness means being friendly, generous, and considerate to others. It's all about showing care and respect through our actions and our words.

Random Acts of Kindness Day is celebrated each year on **February 17th**, however you can practice random acts of kindness all year round!

Ideas for random acts of kindness

Here are some easy ideas to spread kindness:

- Give compliments – A genuine compliment can make someone's day brighter.
- Hold the door open for someone.
- Share a smile – Smiling at people can help to boost their mood.
- Send a thank you note – Write a note of appreciation to someone who has helped you.
- Be a good listener – Sometimes, all someone needs is someone to talk to.
- Help your teacher – Offer to hand out something to the class or do something to help them.
- Ask someone how their day is going – Asking someone about their day can make them feel cared for and happier.
- Pick up a piece of litter.
- Offer to help someone at home.

Why is being kind important?

Kindness is contagious! When you show kindness, it inspires others to do the same.

When you are kind to someone, it can help them to feel happy, it can brighten their day and boost their mood.

Kindness can help to make schools, homes and communities more welcoming and friendly. When people are kind, everyone feels more comfortable which can lead to better relationships and friendships.

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

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