



Rugby Free

Primary School

★ Together we learn, together we shine! ★

Newsletter 24

Friday 13th March
2026

Uniform

Please read the attached letter regarding changes to uniform at RFPS from September so that this makes sense! We are stopping selling blazers as a school and children can choose between

- wearing a shirt and tie with a logoed jumper or cardigan or
- a polo shirt with a logoed jumper or cardigan from September.

This is due to lots of reasons outlined in the letter but mainly due to comfort, costs and delivery times but also changes in the Department for Education policies on School Uniforms.

The new sweatshirt and cardigans will be much cheaper and will start from £11.00 for a logoed jumper and £12.00 for a logoed cardigan. We will be selling these via MCAS from after May Half term holiday (as they are currently being made!).

If you would like to buy blazers and the old-style knitted jumpers still, you can from the school office/MCAS and after Easter, we will sell these at half the usual price.

STEM Week



This week at RFPS we celebrated "STEM Week". First, each year group researched an inventor related to their experiment. The children then carried out open-ended experiments to spark their creativity as they worked together to design, prototype, explore STEM concepts and overcome challenges. After researching their chosen inventors, Reception explored X-Ray Technology, Year 1 made music with instrumental inventions, Year 2 constructed solid structures, Year 3 created prototypes of Arctic Engineering, Year 4 created parachutes to protect a water balloon, Year 5 used origami frogs to create jumps and agility and Year 6 built their own Higgins boats. What an exciting week!



Reception



On Tuesday, Reception welcomed some of their families to our Inspire Workshop, where the children engaged in a range of activities that focused on the different areas of our curriculum. They

immersed themselves in a 'Now Press Play' farm experience, created a large collage of African animals, read stories, completed observational drawings of animals, as well as manipulating play dough to create snakes of different lengths, producing some amazing captions, forming numbers in different ways, and much more! What a wonderful session to show case and enhance their learning!



Stars of the Week

Reception

Giraffes
Za'niyah &
Roseabella
Zebras

Sarah & Ivanshika

Year One

Hedgehogs
Mariah
Rabbits
Eidan

Year Two

Penguins
Millie
Seals
Amaya

All Children in Y2 for the trip

Year Three

Crocodiles
Harry
Turtles
Jaxon

Year Four

Bears
Kayla M
Eagles

Kian & Finnley

Year Five

Pandas
Joanna
Tigers
Max

Year Six

Sloths
Seth
Toucans
Ashton

Head Teacher Awards

Jenna (Y3) - Respect & Collaboration
Oliver B (Y4) - Kindness
Kartar (Y4) - Respect
Evelyn (Y6) - Endeavour & Resilience

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Friday 13th March 2026

Year 2



Year 2 had a fantastic trip to Warwick Castle as part of our *Marvellous Monarchs* topic, linking to our learning about William the Conqueror and Henry VIII. The children enjoyed watching a bowman demonstrate archery, seeing amazing birds of prey (including a condor) flying overhead, and exploring the castle grounds. One of the highlights

was climbing Guy's Tower, where the children showed great determination and were rewarded with spectacular views. It was a wonderful way to bring our history learning to life.



Food tasting in language club

In language club this week, we kindly had many of the children who attend bring in some culinary treats from other countries for us to try out. We have discussed how when we learn a language, it isn't just about learning the language but also about learning about the culture of the country/countries that speak that language and food being a big part of culture. Understanding a country's culture helps connect better with the people from that country and also helps encourage more interest therefore in learning the language of that country. We tried out some typical Spanish food (Manchego cheese, olives and chorizo). We had some tasty snacks from India, Thailand and Turkey. We also had some chocolate that was made in Puerto Rico. Alongside this, we had Lucie (year 3) teach us 1-10 in French and Eleni (year 3) teach us 1-10 in Greek. The week before, Ellen (year 4) did a fantastic presentation teaching us Bengali and had made a wonderful PowerPoint. She also brought in some delicious, traditional Bengali snacks too. Thank you to all the children and their adults for your generosity in bringing these snacks in for us try



Eid Mubarak

As we approach the end of Ramadan, we would like to wish a very happy and blessed Eid to all of our families celebrating. We hope you enjoy this special time of joy, reflection and togetherness with loved ones. We would like to thank all of the children who wrote beautiful poems to celebrate this special time.



Red Nose Day

Our Year 6 pupils have been working incredibly hard to organise a range of **fun fundraising stalls** in support of **Comic Relief**. From games and challenges to exciting prizes, there will be plenty for everyone to enjoy while raising money for a fantastic cause.

The stalls will take place in school on **Friday 20th March**, and all pupils will have the opportunity to visit them during the day.

To take part, children are encouraged to bring a **maximum of £2** in change to spend at the stalls. Every penny raised will go towards helping **Comic Relief** support people facing **poverty and hardship** both in the UK and around the world.





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2026

Cross Country

On Saturday, seven pupils from Years 3, 4, 5 and 6 proudly represented Eastern Warwickshire at the county cross-country event held at Pingles, after successfully qualifying through the recent heats. The race was intense and challenging, but all of the children showed fantastic determination and demonstrated our school values throughout the event. A special congratulations goes to Wilf, who has now qualified to compete at national level in a couple of weeks' time. Well done to all of the children involved for representing the school so brilliantly, and we wish Wilf the very best of luck for the next stage of the competition.



Easter Competition

Easter is approaching, and this year, we are inviting the children to decorate an egg.

The eggs should be brought into school on **Wednesday 25th March 2026**, when they will be judged!

Please note, this is an optional competition!

We can't wait to see your "egg-cellent" creations!



Summer Term Club Booking

Bookings for Summer Term clubs will go **live on MCAS at 6pm on Sunday 8th March**. As per our Clubs Policy, clubs must be booked for a whole term, they must also be paid for in advance via MCAS, Childcare Vouchers, or the government childcare scheme. If you have previously had agreement to pay monthly, then this will still stand. However, if you pay monthly, all clubs must be fully paid for by May half term.

Any changes once you have booked clubs for the Summer term, must be made via e-mail to the school office by **20th March**. After this date the club staff will have been allocated, and you are required to make the payment.

If you have any outstanding payments for Spring term clubs, then you will be unable to book for the Summer term until these are cleared. If a booking is made this will be cancelled.

Enrichment clubs available are as follows:

Summer Term 2025/2026 After School Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
EYFS and KS1	Football	Disney Club	Gymnastics	Pokémon	Dodgeball
	Mask/ Puppet Making	Dance		Mindfulness club	Around the world
	Construction		Junk modelling	Learning to Draw club	
KS2	Dodgeball	Football	Netball/Handball	Double Football	Minecraft club
	Comic/Chess club	Quiz Club	Pokémon		Tennis
	Badminton/volleyball	Golf	Cross Stich	Crochet Club	
EYFS to Y6	Choice	Choice	Choice	Choice	Choice



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Friday 13th March
2026

Friends of Rugby Free Primary School (PTA)

Please find below some quick and easy ways to help raise funds for our school.

The Parents Lottery - New Parents Lottery by Parentkind, which helps support our school. Follow the QR code to find out more information, tickets are just £1 and the top prize is £25,000!!!!



Easy FundRaising QR Code-

Easy Fundraising is an easy way to help us fundraise for our school while doing your shopping and is at no extra cost to you. Follow the QR link for more information.



Year 6 End of Year Performance

Save the date

Join us in celebrating the Year 6 students as they take the stage for their final school performance. We will let you know of any further details nearer the time.

Performance Dates

- 14th July - Year 6 Production (Morning) – 9:15am (No ticket limit)
- 15th July - Year 6 Production (Evening) – 6:00pm (Limited to a maximum of 2 adults only per child- this will be strictly enforced. Children attending will need to sit on knees of adults if no further space)

We look forward to seeing you there!

Game On Holiday Camp

Game On is operating a Holiday Camp over the Easter holiday. The booking form was attached with the newsletter on 27th February 2026. Please liaise with Mr Sheehan directly for bookings.



The dates are: **Monday 30th March – Friday 10th April**

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Friday 13th March 2026

Diary Dates (please check every week as they are subject to change!)

17th Mar – Y3 Inspire Workshop 9am-10am – Parents Welcome

18th Mar – Rec Vision Screening

20th Mar – Rec Farm trip

20th Mar – Red Nose Day Fundraiser (see above)

25th Mar – Y6 WW2 Beaumanor Hall trip

26th Mar – Y4 Peter Pan Performance 9:15am

27th Mar – Y4 Peter Pan Performance 9:15am

30th Mar – 10th Apr – Easter Holiday

30th April - Y3 Hunstanton trip

4th May – Early May Bank holiday

19th May – Y1 Ryton Pools trip

22nd Jun – Y5 Tudor World trip

14th July – Y6 End of year performance to families (no limit on attendees)- 9.15am

15th July – Y6 End of year performance to parents & Graduation (2 adults per child only) - 6pm

Safeguarding

If you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL. Contact the **Warwickshire's**

Family Connect on **01926 414144**. Lines are open Monday to Thursday 8am-5.30pm, Friday 8.30am- 5.00pm.

If you need to get in touch out of usual office hours, please contact the **Emergency Duty Team** immediately on **01926 886922**. If you think that a child is at immediate risk, contact the police immediately by dialling **999**.

SAFEGUARDING
Safeguarding our children is everyone's responsibility

If worried about any child being a victim of neglect, abuse or cruelty whilst at RFPS, you must tell Miss Finch or, in her absence, one of her safeguarding team.

	Miss Finch Designated Safeguarding Lead
	Mrs Colledge Deputy Designated Safeguarding Lead
	Mrs Poill Deputy Designated Safeguarding Lead
	Miss Butters Deputy Designated Safeguarding Lead
	Mrs Screen Deputy Designated Safeguarding Lead

Jennifer Beattie
Trustee for Child Protection & Safeguarding

If you consider a child is in immediate danger phone the Police on 999 or phone Family Connect on 01926 414144 or out of hours on 01926 886922.

RAINSBROOK VALLEY RAILWAY PUBLIC RIDE EVENTS

Join us for a wonderful time on the railway in 2026!

- Just 5 minutes from central Rugby
- Free parking
- Friendly cafe & picnic area
- Beautiful scenery
- All ages welcome!

Save the dates

5th April
26th April
17th May
27th May
21st June
19th July
16th August
30th August
20th September
11th October
31st October



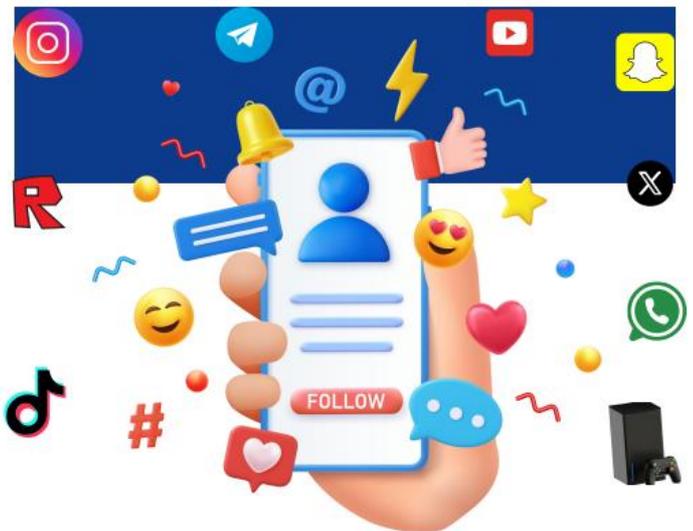
Book your tickets today



Great for friends & all the family!



Find out more at: www.rainsbrookvalleyrailway.co.uk



SAFELINE PARENT WORKSHOP INTERNET SAFETY

Date: 19th March 2026

Time 5pm-6pm

Location: Join Zoom meeting ID 765 294 7590

This workshop highlights the sexual abuse risk online; provides key knowledge around apps our children use and support available. If you would like to attend, please confirm by emailing PEI@safeline.org.uk. Please reference the school your child attends.



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Friday 13th March
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Mental Health in Schools Team
Tips For Wellness



Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Self-Care

Self-care is all about the little things we do to help ourselves feel better or to keep ourselves feeling good. This is a great way to look after our mental health and wellbeing. Self-care involves 'checking in' with yourself and thinking "how do I feel today?" and understanding "what do I need today?" Self-care looks different for everybody. What works for one person may not work for someone else!

Our tips for self-care:

- **Taking** time-out when we are feeling overwhelmed.
- **Making** time for an activity which makes us feel good e.g., taking a bath, listening to music, going for a walk, or playing a game you enjoy.
- **Doing** the basic things to look after ourselves e.g., eating and sleeping well.
- Practise self-care by asking yourself the questions in the box below:

How do I feel today? What do I need today? Do I need physical or mental self-care? When can I add self-care into my day? Make time to do it! Repeating these Self-Care check-ins at least once each day can help improve our mental health.

Make time for a relaxation activity. Scan the QR codes below for more information around self-care. Why not try the mindfulness activities in the QR codes below too!

Primary resources:

Secondary resources:



Self-Care



Mindfulness



Self-Care



Mindfulness

Watch the Mindfulness animation! The Mindfulness in Schools Project has lots of other great resources too.

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.