



Rugby Free

Primary School

★ Together we learn, together we shine! ★

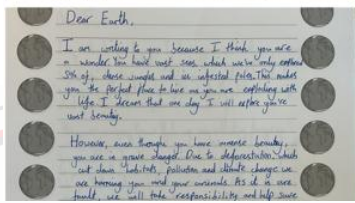
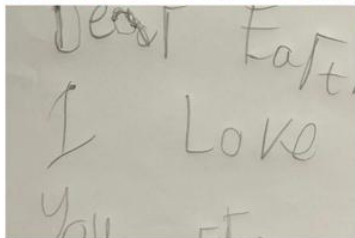
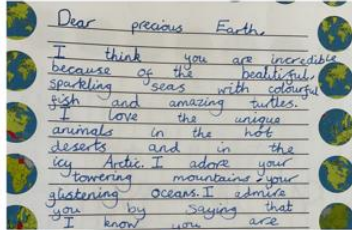
Newsletter 28

Friday 24th April
2026

Earth Day

On Wednesday, we had a lovely time celebrating Earth Day at school! Everyone came dressed in blue and green to represent the colours of our Earth, which made the whole school feel bright and full of life.

We read a beautiful book called *Dear Earth*, which helped us think about how



special our world is and why it's important to take care of it. It led to some great conversations about nature and how we can all make a difference.

After that, we wrote our own letters to the Earth. The children shared what they love most about it—from oceans and forests to animals and flowers—and wrote about ways we can help protect it, like recycling, picking up litter and looking after wildlife.

We're also excited to be running a competition where children can design posters for our new recycling bins. One winning design will be chosen for each bin! The deadline for entries is Wednesday 6th May.

It was a really special day and a great reminder of how important it is to care for our planet every day.

Stars of the Week

Reception

Giraffes
Lainey &
Zachary M
Zebras
Annicha &
Joshua

Year One

Hedgehogs
Mark
Rabbits
Logan

Year Two

Penguins
Harry
Seals
Matthias

Year Three

Crocodiles
Arjan & Hugo
Turtles
Emily-Rose &
Harry

Year Four

Bears
Theo
Eagles
Alice

Year Five

Pandas
Prisha
Tigers
Mirko

Year Six

Sloths
Avi
Toucans
Leo

Relationships and Sex Education (RSE) curriculum

We would like to invite parents and carers to attend an informative meeting about our Relationships and Sex Education (RSE) curriculum on **Thursday 7th May at 5:30pm in the school hall.**

During the session, we will outline the content of the RSE curriculum, explain how topics are taught in an age-appropriate way, and provide an opportunity for you to ask any questions. Our aim is to ensure all families feel informed and confident about the learning taking place.

Further details can be found in the attached letter. As part of your rights as a parent/carer, you may choose to withdraw your child from aspects of RSE (excluding statutory elements) up until **23rd May.**



Safe and active schools

Following on from our wonderful Earth Day, we are keen to continue our wonderful work on travelling actively to school. Please take this opportunity to encourage our pupils walk, cycle, scoot to school. Enjoy the lovely sunshine!



Please could you remind children to wear helmets when riding bikes or scooters to ensure safety at all times.

Summer Term Club bookings

All club bookings for summer term must now be made via the school office. Please do not add a booking direct to MCAS.

This will ensure that children are attending the correct club on the correct day. Thank you for your support with this.



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Year 4 Football Development Event

On Tuesday, a group of Year 4 girls attended a football development event at Harris Sports Centre, where they took part in a range of fun and engaging activities designed to build their skills and confidence. The session was brilliantly led by Year 8 pupils, including some of our former students, which made it especially meaningful for everyone involved. The girls thoroughly enjoyed the experience and are already looking forward to returning next week.



Game On Holiday Camp

Game On is operating a Holiday Camp over the May half term holiday. The booking form is attached with this newsletter. Please liaise with Mr Sheehan directly brandon@gameoncoaching.co.uk

The dates are: **26th to 29th May**



Friends of Rugby Free Primary School (PTA)

See poster below.



Diary Dates

 (please check every week as they are subject to change!)

- 30th April** - Y3 Hunstanton trip
- 4th May** – **Early May Bank holiday**
- 7th May** - Relationships and Sex Education (RSE) meeting for parents – 5.30pm
- 11th - 14th May** – Y6 SATS week
- 19th May** – Y5 Assembly to parents 9.15am
- 19th May** – Y1 Ryton Pools trip
- 22nd May** – FRFPS Fund'Raisin' PJ Day
- 22nd May** – FRFPS Coffee Morning 9am-10am in the school hall (all welcome!)
- 5th Jun** – KS2 Athletics practice day
- 12th Jun** – KS2 Sports Day at Diamond Jubilee Athletics Track – parents welcome from 12.50pm for a 1pm start.
- 22nd Jun** – Y5 Tudor World trip
- 23rd Jun** – KS1 Sports Day at school 9.00am
- 30th Jun** – EYFS Sports Day at school 9.00am
- 30th Jun** – Y2 Coventry Cathedral trip
- 1st July** – Rec British Motor Museum trip
- 9th July** – Y3 Bosworth Battlefield trip
- 14th July** – Y6 End of year performance to families (no limit on attendees)- 9.15am
- 15th July** – Y6 End of year performance to parents & Graduation (2 adults per child only) - 6pm

Safeguarding

If you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL. Contact the **Warwickshire's Family Connect** on **01926 414144**. Lines are open Monday to Thursday 8am-5.30pm, Friday 8.30am- 5.00pm.

If you need to get in touch out of usual office hours, please contact the Emergency Duty Team immediately on **01926 886922**. If you think that a child is at immediate risk, contact the police immediately by dialling **999**.

SAFEGUARDING
Safeguarding our children is everyone's responsibility

If worried about any child being a victim of neglect, abuse or cruelty whilst at RFPS, you must tell Miss Finch or, in her absence, one of her safeguarding team.

 Miss Finch Designated Safeguarding Lead	 Mrs Politt Deputy Designated Safeguarding Lead
 Mrs Colledge Deputy Designated Safeguarding Lead	 Miss Butters Deputy Designated Safeguarding Lead
 Mrs Screen Deputy Designated Safeguarding Lead	

Jennifer Beattie
Trustee for Child Protection & Safeguarding

If you consider a child is in immediate danger phone the Police on 999 or phone Family Connect on 01926 414144 or out of hours on 01926 886922.



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We are a team of volunteers giving our time to plan and provide fun events which raise funds to enrich our children's learning. Please do get in touch if you feel you could help at all in any way.
frrfps@gmail.com



Easy ways to help us fundraise for our school

Download Easy Fundraising-

There is no additional cost to you, simply do your shopping as usual and the company will donate money to us
<https://www.easyfundraising.org.uk>

Parents Lottery-

Brought to us by Parentkind, a company who support schools and PTAs. Tickets are just £1 and the highest prize is a possible £20,000!
<https://share.google/580u55yEMjeu0tOq8>

IF THE LINKS DO NOT WORK PLEASE
SEE LAST WEEKS NEWSLETTER

We are FUND'RAISIN' ...PJ day 22nd May

We've had a grape idea! We're giving the children some raisins to eat, but the boxes they must keep!

Their challenge is to fill their box with coins and return it to school on Pajama day on 22nd May

Come to school in your pyjamas and help us raise funds to buy new items for school

Join us for coffee and biscuits and a chat with family and friends at our coffee morning as we welcome the new September intake. There will be an area for younger children too



Thank you to those that attended our AGM our new committee is as follows:

- Chairlady - Charlotte Baker
- Co-Chair - Hayley White
- Secretary - Emily Wilson
- Treasurer - Gary Twynholm
- Co-Treasurer - Liz Rawcliff

Upcoming Events:
Fund'raisin' - 22nd May
Coffee Morning - 22nd May
9-10am
Ice - Lolly Playground Sales
Break the Rules Day





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Mental Health in Schools Team
Tips For Wellness



Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Get Outdoors

Spending time outdoors is great for your body and mind! It can improve your mood, reduce feelings of stress, improve your confidence, helps you to be more active and can reduce loneliness.

How to get outside more:

- 1. Take a Nature Walk**
Find a park, trail, or even your garden and take a walk. Look around for birds, trees, and flowers that you can spot. You could try taking photographs and share them with a friend.
- 2. Play a Sport or Game**
Whether it's football, netball or running, outdoor sports are a great way to get moving. They also help us develop our communication skills when we play as part of a team!
- 3. Do a Scavenger Hunt**
Make a list of things to find outside—like a particular leaf or a butterfly—and go on a hunt to find them!
- 4. Bring Your Hobby Outside**
Do you like drawing, reading, or listening to music? Try doing it outside! Find a comfy spot on the grass and enjoy your favourite activities in the fresh air.
- 5. Have a snack outside**
Try taking a snack outside and eating it while focusing on the food and what is going on around you.
- 6. Watch the Stars**
On a clear night, lie on a blanket and look up at the stars. You might even see a shooting star or spot constellations.
- 7. Meet up with a friend outside**

It can be helpful to get outdoors every day, even if only for a short time. You could try walking to a friend's house or to the shop instead of travelling by car or getting public transport. You could try to make getting outside part of your daily routine, whether it is riding a bike or sitting in a garden or park while you listen to music.

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.