



Rugby Free

Primary School

★ Together we learn, together we shine! ★

Newsletter 30

Friday 8th May
2026

Year 1 Local Walk



On Tuesday, Year 1 enjoyed a walk around their local area to explore the environment and think carefully about the questions they could ask based on what they observed. Using question wheels to support their thinking, the children showed great curiosity and engagement, asking thoughtful questions about the world around them. They represented the school brilliantly with their sensible behaviour, which even earned them an

extra 10 minutes on the playground. Well done, Year 1.



Stars of the Week

Reception

Giraffes
Elizabeth & Mishka
Zebbras
Jessica J & Mahi

Year One

Hedgehogs
Saavi
Rabbits
Haleema

Year Two

Penguins
Amritha
Seals
Dhaena & Dhrey

Year Three

Crocodiles
Saiyan
Turtles
Isla

Year Four

Bears
Elliot
Eagles
Jemimah

Year Five

Pandas
Coen
Tigers
Hattie

Year Six

Sloths
Amaya
Toucans
Evelyn

Head Teacher Award

Ruby (Y2) –
Endeavour
and curiosity

Year 4 Girls Football

On Tuesday, the Year 4 girls' development football group took part in their final training session. The children thoroughly enjoyed the programme so much that we have extended it for an additional session due to their enthusiasm. Throughout the training, they have developed a strong range of key football skills in a fun and engaging environment. It has been fantastic to see their confidence grow, and we hope to see many of them representing the school in competitive fixtures in the years to come.



Geography Competition winners

To celebrate Earth Day, we launched a Geography competition inviting children to design a recycling poster for our brand-new recycling bins. We were incredibly impressed by the creativity, effort, and environmental messages shown in all of the entries. After much deliberation with the Eco Team, we are delighted to announce that we have selected two winning designs, which will now be displayed on the new recycling bins around the school. Congratulations to our winners, **Rex and Sneha**, and a huge well done to everyone who took part!



David Attenborough: 100 Years on Planet Earth



The BBC are celebrating the life of David Attenborough as he reaches his 100th birthday. The program is being shown on BBC1 tonight at 8.30pm (also on iPlayer). Viewers may notice some familiar faces from our school community who have made a contribution to the program! More to follow next week....



Summer Term Club bookings & Payments

All club bookings for summer term must now be made via the school office.

Please do not add a booking direct to MCAS.

This will ensure that children are attending the correct club on the correct day. Thank you for your support with this.

Please can we remind you that **all clubs** must be paid for in a timely manner and ideally before the end of June to enable us to match all payments before the Autumn term clubs get released.



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Friends of Rugby Free Primary School (PTA)

360 Play Leicester - 360 Play are partnering with 5 local schools during May to provide free play sessions for local families who attend these schools to give back to our community. We have been chosen!!!

As a chosen local school, 360 Play will be providing free entry to any pupil who attends **Rugby Free Primary School on Tuesday 12th May from 4-6pm**. To take part all you will need to do is bring along a letter (provided by your school), your bookbag or wear your school uniform to receive free entry to our centre. Our receptionists will sign you into our building to enjoy a free afternoon with your little one's friends and families. It's the perfect opportunity to get to know your little one's class mates and their parents and to arrange some future playdates. Please see below some useful information ahead of your visit from 360 Play:

360 Play is an all-inclusive play centre with a large 3 storey playframe, toddler area, musical carousel, dodgem cars, role play street area and outdoor area (weather permitting).

All rides and attractions are included in your visit, so you can enjoy them as many times as you like-including the musical carousel and dodgem cars.

Please note: **shoes must be worn to ride the dodgems or play outside.**

Parking Parking is free of charge at Meridian Leisure Park and there are no time restrictions. Please ensure you park within the white lines to avoid a ticket. There is no need to validate your parking at our venue.

Birthday Parties We also offer children's Birthday Parties which are currently 30% off for 2026 so why not have a chat with our party team about your little one's upcoming birthday! Offer ends 31st May 2026.

Photographs and Social Media We'd love to take photos of your group to share on our social media channels. For any photographs we will ask you to sign a consent form. If you share your own photos, feel free to tag us- we'd love to see and share them!



Upcoming Events-

Fund'raisin' with PJ day - We will be giving all children a box of raisins on the 15th May, their challenge is to fill the box with coins once empty and return it to school on the 22nd May when all children are invited to wear their Pyjamas to school. (NO SLIPPERS PLEASE). All money raised will go towards enriching our children's school environment.

Coffee Morning, welcoming our new September starters -22nd May - We are inviting you all with friends and family to join us in welcoming those joining us in September. Come along to our free coffee morning, there will be an area for children to play too as well as free from options. We look forward to seeing you.

Follow us on Facebook and Instagram - @friendsrfps to keep up to date with all upcoming events. We hope you have a wonderful weekend.



Lunch & snack

If your child brings **grapes or baby tomatoes** into school as part of their lunch or at snack time, these need to be **cut up length ways ONLY**. This is a safety measure to prevent children from choking on them. **Morning snack should be fruit or vegetables only**. Please also make sure that your child brings their water bottle to school every day.



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Safe and active schools

School Keep Clear (zig-zag) markings – an important reminder for parents and carers



School Keep Clear markings are in place to protect children, families and the wider school community.

By keeping these areas completely clear of vehicles, visibility is improved for:

- Children and young people crossing the road
- Parents and carers walking to and from school
- Drivers navigating busy, congested environments



When drivers stop, wait or pull over on the School Keep Clear markings, sightlines are reduced and the risk of a collision increases.

No parking or waiting: Drivers must not pull over, wait, park, or briefly stop for any reason on the zig-zag markings. Even stopping briefly to let a child out or collect them is not allowed.

Diary Dates (please check every week as they are subject to change!)

11th - 14th May – Y6 SATS week

19th May – Y5 Assembly to parents 9.15am

19th May – Y1 Ryton Pools trip

22nd May – FRFPS Fund'Raisin' PJ Day

22nd May – FRFPS Coffee Morning 9am-10am in the school hall (all welcome!)

2nd Jun – Parents Evening (for parents/carers of children on SEN register only)

5th Jun – KS2 Athletics practice day

12th Jun – KS2 Sports Day at Diamond Jubilee Athletics Track – parents welcome from 12.50pm for a 1pm start

16th Jun – Y1 Football festival

17th Jun – Y2 Football festival

22nd Jun – Y5 Tudor World trip

23rd Jun – KS1 Sports Day at school 9.00am

26th Jun – Y6 Summer Fete Day (children only)

30th Jun – EYFS Sports Day at school 9.00am

30th Jun – Y2 Coventry Cathedral trip

1st Jul – Rec British Motor Museum trip

2nd Jul – Y6 Ninja Warrior UK trip

9th Jul – Y3 Bosworth Battlefield trip

9th Jul – Y5 Athletics festival

14th Jul – Y4 Cricket festival

14th Jul – Y6 End of year performance to families (no limit on attendees)- 9.15am

15th July – Y6 End of year performance to parents & Graduation (2 adults per child only) - 6pm

20th July – Staff training day (school closed to pupils)

Safeguarding

If you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL. Contact the

Warwickshire's Family

Connect on **01926 414144**.

Lines are open Monday to Thursday 8am-5.30pm, Friday 8.30am- 5.00pm.

If you need to get in touch out of usual office hours, please contact the Emergency Duty Team immediately on **01926 886922**. If you think that a child is at immediate risk, contact the police immediately by dialling **999**.

SAFEGUARDING
Safeguarding our children is everyone's responsibility

If worried about any child being a victim of neglect, abuse or cruelty whilst at RFPS, you must tell Miss Finch or, in her absence, one of her safeguarding team.

	Miss Finch Designated Safeguarding Lead		Mrs Collidge Deputy Designated Safeguarding Lead		Mrs Pollitt Deputy Designated Safeguarding Lead
	Miss Butters Deputy Designated Safeguarding Lead		Mrs Screen Deputy Designated Safeguarding Lead		

Jennifer Beattie
Trustee for Child Protection & Safeguarding

If you consider a child is in immediate danger phone the Police on 999 or phone Family Connect on 01926 414144 or out of hours on 01926 886922.



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We are a team of volunteers giving our time to plan and provide fun events which raise funds to enrich our children's learning. Please do get in touch if you feel you could help at all in any way. frfps@gmail.com



Easy ways to help us fundraise for our school

Download Easy Fundraising-
There is no additional cost to you, simply do your shopping as usual and the company will donate money to us <https://www.easyfundraising.org.uk>

Parents Lottery-
Brought to us by Parentkind, a company who support schools and PTAs. Tickets are just £1 and the highest prize is a possible £20,000! <https://share.google/580u55yEMjeu0tQg8>
IF THE LINKS DO NOT WORK PLEASE SEE LAST WEEK'S NEWSLETTER

We are FUND'RAISING ...PJ day 22nd May

We've had a grape idea! We're giving the children some raisins to eat, but the boxes they must keep!
Their challenge is to fill their box with coins and return it to school on Pujama day on 22nd May

Come to school in your pajamas and help us raise funds to buy new items for school

Join us for coffee and biscuits and a chat with family and friends at our coffee morning as we welcome the new September intake. There will be an area for younger children too




Thank you to those that attended our AGM our new committee is as follows:
Chairlady - Charlotte Baker
Co-Chair - Hayley White
Secretary - Emily Wilson
Treasurer - Gary Twynholm
Co-Treasurer - Liz Rawcliff

Upcoming Events:
Fundraising - 22nd May
Coffee Morning - 22nd May 9-10am
Ice - Lolly Playground Sales
Break the Rules Day



YEAR 6 SUMMER FETE

FRIDAY 26th JUNE 2026

★ Come along and enjoy our **YEAR 6 FETE** with lots of fun stalls and activities!

★ **TOMBOLA**
★ **LUCKY DIP**
★ **HOOK A DUCK**

★ **GAMES**
★ **TREATS**
★ **PRIZES**

All money raised will go towards the **YEAR 6 END OF YEAR TRIP.**

WE NEED YOUR HELP!

Please can your child bring in **UP TO £5 IN COINS**

★ **THANK YOU FOR YOUR SUPPORT!** ★

HARRIS C of E ACADEMY SSP Presents: Bikeability – May 2026 Half Term Course

LEVEL 1 TRAINING FOR PUPILS IN SCHOOL YEARS 3, 4, 5 & 6:

This training teaches basic cycle control skills in a safe environment away from traffic and will be run at Harris C of E Academy's Sport Centre in Rugby.
Children **must be able** to cycle independently (no stabilisers) before coming on the course.
Training takes place outside and children should be dressed appropriately in weather proof clothing with gloves recommended if it is cold, and sun protection as appropriate.
Children need to bring a non-fizzy drink. Due to known allergies, we ask that no nut products are brought onto school site please.

Course: Tuesday 26th May 2026 from 09:30am to 11:30am
Cost: £12 per person payable in advance with a booking form.
Please note that payment is accepted by card only.

Early booking is essential as places are strictly limited and will be filled on a first come first served basis.
** Closing deadline for bookings is Monday 18th May 2026. None will be accepted after this date. **
Courses will only run if minimum numbers are reached. Children will need to have their own bicycle and helmet.
Please note that **refunds are not available** unless the course is cancelled by Harris Sports Centre.

To book a place, please email Debbie: ssp@harris.covmat.org





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Mental Health in Schools Team Tips For Wellness

Keep Learning

Learning doesn't just happen in school! Encouraging your child to explore, discover, and try new things helps their brain grow, boosts confidence, and builds resilience. Here are some practical ways you can support learning at home and beyond. Learning boosts self-esteem and confidence, encourages curiosity and creativity and strengthens social and emotional skills.

Our tips for learning at home:

1. Explore Interests Together

- Ask your child what excites them and encourage hobbies or projects.
- Try new activities like cooking, gardening, or a science experiment.

2. Read, Read, Read

- Share books, stories, or articles that interest them.
- Make reading fun – explore comics, graphic novels, or audio books.

3. Ask Questions & Encourage Curiosity

- Stimulate thinking by asking "why" or "how" questions.
- Support them in finding answers, experimenting, and reflecting.

4. Learn Through Play

- Games, puzzles, building projects, or coding apps make learning enjoyable.
- Encourage creativity through drawing, music, or role-play.

5. Celebrate Small Wins

- Praise effort, not just results.
- Recognize achievements, even if it's learning a new skill slowly.

6. Explore the world

- Go on nature walks, visit local parks, museums, or libraries.
- Ask questions like, "What do you notice?" or "Why do you think that happens?"

Quick Ideas to Get Started Today

- Start a "family challenge" to learn something new weekly
- Visit local museums, libraries, or nature reserves
- Set aside a daily "curiosity time" for experiments or crafts

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



Mental Health in Schools Team Tips For Wellness

Empathy

Empathy means *feeling with* someone, not just *feeling sorry for* them. It is one of the best ways to be a kind friend and a good person. Empathy is not just noticing that someone is happy, sad, or hurt—you're trying to understand their feelings **from their point of view** and responding with kindness.

Examples of when you could be empathetic:

A friend is nervous before a test.

You might say: "I get nervous too. We've got this!"

Someone is sitting alone at lunch.

You might think: "I would feel sad if I were alone."
So, you could invite them to sit with you.

Our tips for empathy:

1. **Pay attention** to how people look and sound. Are they happy, sad, or upset? Look for clues in their body language to find out how they might be feeling.
2. Read a book or watch a TV show. Pick a character in the book or show and imagine how that character might feel. Do you think all the characters feel the same? **Put yourself in their shoes!**
3. **Empathy drawing** – if you like to get creative, you could try drawing a picture of how someone else might feel in a certain situation (e.g., "a child who has lost their favourite toy", "a child who is starting a new school").
4. **Be kind with actions** - even little things help - like sharing, listening, or giving a hug.
5. **Include everyone** - invite others to play, join in, or sit with you. Notice if someone is standing alone, sitting on a bench, or watching others play.
6. **Kindness cards** – consider making cards or notes for family, friends or classmates who might need a boost!

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Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire