



Rugby Free

Primary School



Together we learn, together we shine!



Newsletter 36

**Friday 26th June
2026**

Due to the extreme heat on Friday, the Year 6 Fete will now take place on Monday 29th June

Year 5 Visit Tudor World

Year 5 had a fantastic day at Tudor World, learning about daily life during Tudor times, crime and punishment and the theatre. They were great at getting in role and sharing the facts they had learnt. It was wonderful to see them engage so well and develop as historians. We also had the opportunity for a sunny picnic and a tour of Stratford Upon Avon. We are so proud of how well they represented RFPS and their resilience as it was a very hot day and they dealt with the heat so well. You are superstars Year 5!



Enriching Religions and Worldviews at RFPS

At RFPS, we are committed to enriching children's understanding of religions and worldviews. One of the most powerful ways for pupils to learn is by hearing directly from the diverse families within our own community.

When children encounter a wide range of perspectives, they are able to:

- Understand differences — recognising that people see the world in many ways
- Build empathy and curiosity — developing respect for others' experiences
- Connect learning to real life — seeing how beliefs shape everyday choices
- Celebrate diversity — appreciating what makes our school community vibrant



Throughout the next academic year and beyond, we would love to invite parents and carers to share their beliefs, traditions, and worldviews with our pupils.

If you are happy to share your details, please email the school office with:

- Your name
- Your preferred contact details
- The religion or worldview you would like to share

This information will be passed on to Mrs Hammond, our RE Lead.

You are welcome to share in whatever way feels comfortable. Some possibilities include:

- Story sharing — reading or telling a short story linked to a meaningful tradition
- Show-and-tell — bringing cultural items, symbols, or objects to discuss
- Family values discussion — talking about a belief or value that is important to your family
- Creative activity — leading a simple craft or activity connected to your worldview
- Celebration or festival presentation — sharing how your family marks a celebration or life event

Thank you for helping us make RE meaningful, inclusive, and inspiring for all our children.

Stars of the Week

Reception

Giraffes
Ishaan & Maisie
Zebras
Hannah

Year One

Hedgehogs
Arsal
Rabbits
Shay

Year Two

Penguins
Edith
Seals
Dominic & Christina

Year Three

Crocodiles
Leia
Turtles
Hubert

Year Four

Bears
Elliot
Eagles
Mussa & Inez

Year Five

Pandas
All of Year 5
Tigers
All of Year 5
(Tudor Trip)

Year Six

Sloths
Imogen
Toucans
Esme

Resilience Collaboration Curiosity Respect Kindness Endeavour



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OPAL Request

We're setting up a new mud kitchen area and would love your help. To help make the space even more engaging, we're looking for **any old pots, pans, deep baking trays or metal utensils** you no longer need at home.

If you have anything suitable, we'd be very grateful for your donations. Items don't need to be pretty — just safe and sturdy enough for outdoor play. We will safety check all items that come in. Please drop these to the main office.

Thank you for your support.



Safe and Active schools

We are proud to have earned our Bronze Rail Safe Friendly Certification. This award recognises our commitment to raising vital rail safety awareness with our children.

The poster gives some important rail safety messages to raise awareness and help to keep children safe.



THE RAIL SAFE FRIENDLY PROGRAMME
The Rail Safe Friendly programme has educated over **3 million young people** on the dangers of the railways.

Discover our FREE rail safety videos and keep your children safe by visiting railsafefriendly.com

SCAN ME

DON'T LET YOUR CHILDREN BECOME THE NEXT STATISTIC

According to the ORR Report April 23 - March 24 on UK railways:

12	58%	42%
people died in incidents while trespassing	were struck by a train or track	were electrocuted

According to Rail Safe Friendly, July 25:

120+	11,000+	20,000+
companies support the programme	schools in the UK have engaged	UK schools still need to be reached

"I implore you to listen to Harrison's story"
Simon Frazer, Principal, Gullisborough Academy

Fiddle Tools in School

To support pupils on the **SEND register**, school-approved **fiddle tools** will be provided as needed. These items help pupils focus and are part of their individual support plans.

We kindly ask that **no other fidget toys or personal items** are brought into school. Any non-approved items will, in the first instance, be returned to pupils to take home. If items continue to be brought in, they will be kept safely in the school office for parents or carers to collect. Thank you for your support in helping us maintain a calm and focused learning environment.

Achievements



Scarlett in Year 6 has achieved a red belt at martial arts. Only a few belts left until black belt! Well done Scarlett!

Harper in Year 5 took part in her performing arts national show on Sunday. Six TheatreTrain companies (over 300 children) took to the stage at Derngate Concert Hall in Northampton on Sunday to showcase the 'Best Day of my Life' show. The show explored 6 different decades from the 1960s to the 2010s. The music, the stories, the fashions, the things that made them different. Harper even sang a duet 'Sweet Dreams' in the 80s decade to an audience of over 1,000. We are incredibly proud of her, she was amazing. All the extra time and effort she put in these last few months has really paid off.



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Friends of Rugby Free Primary School (PTA)

PLAYGROUND SALES - FRIDAY 3RD JULY

All children are welcome to purchase lollies and left over snacks from events, all items are 50p each - CASH ONLY! We will be in the main playground in the large hut, this is weather dependent, if it rains heavily, we will cancel. Children in club are welcome to bring money to purchase items too.

Keep up to date with our events by following us on Facebook/Instagram searching Friendsrfps



BREAK THE RULES DAY

10th July

Crazy hair

Tattoos

Odd socks

Bring a cuddly toy

And more

50P FINE
PER RULE
BROKEN

Bring money to
school on the
day



The parents' lottery
Support your school with every ticket

£25,000 jackpot!

Support our school

Scan this QR code and enter our school number to join The Parents' Lottery

How does it work?
There will be guaranteed prizes up for grabs each week including the chance to win the £25,000 jackpot! Keep your eyes on the Friday weekly draw to find out if you'll be a winner this week.

Choose on The Parents' Lottery site → All ticket entry into each weekly draw → Play with us on Friday → Prize draw every Friday → Each ticket represents one chance to win!

Parentkind The parents' lottery

3rd July

ICE LOLLY SALES

Ice lollies - 50p each

If your child is in Club they are welcome to bring 50p and they will get the option to choose a lolly.

Cash payments ONLY

Art Materials and Resources

We would be very grateful if anyone has any spare art materials and resources which can be donated for use in school for our art and craft projects please 😊

Thank you

Game On Holiday Camp

Game On is operating a Holiday Camp over the Summer holiday. The booking form was sent out on MCAS on Thursday 11th June and is also attached with the newsletter on 12th June.

To book your dates, please liaise with Mr Sheehan directly brandon@gameoncoaching.co.uk

The dates are: **Monday 20th July to Friday 21st August 2026.**



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Diary Dates (please check every week as they are subject to change!)

29th Jun Y6 Fete (children only) NEW DATE

30th Jun – Rec Sports Day at school 9.00am

30th Jun – Y2 Coventry Cathedral trip

1st Jul – Rec British Motor Museum trip

2nd Jul – Y6 Ninja Warrior trip

3rd Jul – Friends of RFPS playground sale (end of school day - weather dependent)

6th Jul – Y5 Residential meeting (Y6 trip) – 5.30pm – Hall entrance

8th July Transition Day

9th Jul – Y3 Bosworth Battlefield trip

9th Jul – Y5 Athletics festival

10th Jul – Big Summer Sing (Year 2-6) – 2.50-3.05pm

10th Jul – Friends of RFPS Break the Rules Day (more details to follow)

14th Jul – Y4 Cricket festival

14th Jul – Y6 End of year performance to families (no limit on attendees)- 9.15am

15th July – Y6 End of year performance to parents & Graduation (2 adults per child only) - 6pm

20th July – Staff training day (school closed to pupils)

21st July-31st Aug – Summer holidays

1st Sept & 2nd Sept – Staff training days (school closed to pupils)

3rd Sept – Children return to school for Autumn Term

Safeguarding

If you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL. Contact the **Warwickshire's Family Connect** on **01926 414144**. Lines are open Monday to Thursday 8am-5.30pm, Friday 8.30am- 5.00pm.

If you need to get in touch out of usual office hours, please contact the Emergency Duty Team immediately on **01926 886922**. If you think that a child is at immediate risk, contact the police immediately by dialling **999**.

SAFEGUARDING
Safeguarding our children is everyone's responsibility

If worried about any child being a victim of neglect, abuse or cruelty whilst at RFPS, you must tell Miss Finch or, in her absence, one of her safeguarding team.

Miss Finch
Designated Safeguarding Lead

Mrs Colledge
Deputy Designated Safeguarding Lead

Mrs Poole
Deputy Designated Safeguarding Lead

Miss Butters
Deputy Designated Safeguarding Lead

Mrs Screen
Deputy Designated Safeguarding Lead

Jennifer Beattie
Trustee for Child Protection & Safeguarding

If you consider a child is in immediate danger phone the Police on 999 or phone Family Connect on 01926 414144 or out of hours on 01926 886922.

shout
85258

NHS
Coventry and
Warwickshire Partnership
NHS Trust

Feeling low?
Struggling to cope?

Text 'CWHOPE' to 85258

Free, confidential, 24/7 text support
provided by Shout

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Mental Health in Schools Team Tips For Wellness



Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Sleep

Our bodies need sleep and rest to help us function every day. When we are sleeping, it gives our brain and body time to repair and regenerate, re-energise and improve our motivation. We also need sleep to be able to process information, problem solve, learn new things and concentrate (you might notice you find it particularly difficult to focus at school after a bad night's sleep!) Sleep also benefits our mental wellbeing, by helping us to regulate our emotions and mood.

It is important to find time for our brain to completely 'switch off' and rest, to take some time out of our busy day to stop, take a break and do something that promotes our wellbeing!

Our tips for improving sleep:

1. **Maintain a regular sleep schedule** – this includes going to bed around the same time every night, as well as waking up at a similar time every morning (even on weekends!) Sleeping in later than normal can disrupt the body's circadian rhythm, which can lead to more tiredness.
2. **Create a calming environment** - dim the lights an hour before bed. Keep the room dark, if possible, try using an eye mask or black out blinds. A cool bedroom and slight drop in body temperature can help us to go to sleep.
3. **Reduce electronics** – using electrical devices before bedtime is one of the main reasons we have sleep difficulties. The light exposure on the screens can trick our brain into thinking it is still daytime, which stops our body from being able to wind down and feel tired! Turn devices on night mode or leave outside your bedroom to limit temptation.
4. **Minimise daytime naps** – napping during the day can make it harder to fall asleep at night, they also break up sleep (which means lower quality sleep and fewer benefits).
5. **Complete homework after school** – getting stuck into homework tasks before bed can delay tiredness, as our brains are busy trying to concentrate! Try to do activities that relax you before bed, to help you switch off from schoolwork.
6. **Spend time relaxing** – you may want to have a shower or run a warm bath, listen to calming music, read a book, journal or keep a diary from the day, stretch, meditate, or spend time with a pet.
7. Scan the QR code for more helpful information and **sleep tips!**



In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.