



Rugby Free

Primary School



Together we learn, together we shine!



Newsletter 37

Friday 3rd July
2026

Reception and KSI Sports Day

Over the past couple of weeks, Key Stage 1 and EYFS have enjoyed taking part in their annual Sports Day on the playground. The children competed proudly in their house teams across a range of exciting events, including the sprint, egg and spoon race, and javelin. Throughout the morning, they demonstrated fantastic resilience, determination and teamwork, encouraging one another and trying their very best in every event. We are incredibly proud of the positive attitude and sportsmanship shown by all of the children. Well done everyone!



Sports Day House Competition

Our Sports Day events have now come to an end, and what a fantastic celebration of teamwork, determination and school spirit they have been! Congratulations to **Kahlo House**, who were crowned this year's overall champions with **456 points**. The final standings were:

- 1st **Kahlo** – 456 points
- 2nd **Attenborough** – 403 points
- 3rd **Shackleton** – 380 points
- 4th **Nightingale** – 373 points
- 5th **Luther King** – 365 points
- 6th **Jemison** – 364 points

A huge thank you to all of the parents and carers who came along to support and cheer on the children throughout the events. We are incredibly proud of every child for showing such resilience, enthusiasm and encouragement towards one another. It has been a fantastic season of sport across the school, and the children should all be incredibly proud of their achievements. Well done, everyone!

School Games Gold Award

We are incredibly proud to share that, for the second year in a row, we have achieved the **School Games Gold Award**! This award celebrates our commitment to giving children lots of opportunities to be active, enjoy PE and take part in a wide range of sporting events throughout the year. From competitions and festivals to our work towards 60 Active Minutes, it has been a fantastic team effort. A huge thank you to our staff for making these opportunities possible, our parents and carers for their continued support, and, most importantly, our amazing children for always showing such enthusiasm, determination and excellent sportsmanship. Well done, everyone!



Stars of the Week

Reception

All of Giraffes and Zebras

Year One Hedgehogs

Ayva F
Rabbits
Victoria

Year Two

All of
Year 2 for an amazing trip to Coventry Cathedral

Year Three

Year 3
Musicians

Year Four

Bears
Oliver I
Eagles
Nico K

Year Five

Pandas
Ellie-Rose
Tigers
Miray

Year Six

Sloths
Veeran
Toucans
Mishaal



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Year 6 Summer Fete

Our Year 6 children worked incredibly hard to make the summer fete a success. Throughout the event, they demonstrated our school values of resilience, endeavour, respect and collaboration, taking on responsibilities with enthusiasm and maturity.

Most importantly, the children had great fun, enjoyed spending time with friends, and were proud to showcase their hard work. Their positive attitudes and teamwork helped create a fantastic atmosphere for everyone involved.

A huge thank you to all families for your generous support and donations. Your contributions have helped make the event such a success and will support our Year 6 end-of-year celebrations, creating special memories for the children as they prepare for the next stage of their journey. We are very grateful for your continued support.

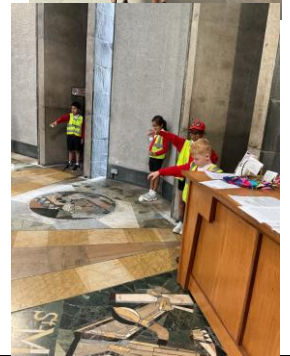
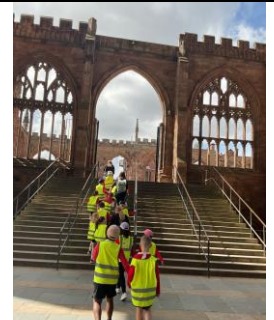
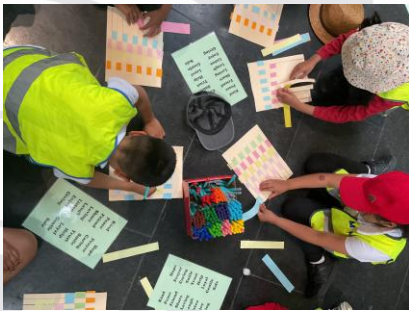


Year 2 Visit to Coventry Cathedral

Year 2 had a wonderful day visiting Coventry Cathedral as part of our RE learning about peace and reconciliation. The trip gave the children the opportunity to explore the historic ruins of the old cathedral and learn about how Coventry has become a powerful symbol of hope, forgiveness and peace following the devastation of World War II.

Throughout the day, the children demonstrated exemplary behaviour, showing kindness, curiosity and respect as they listened to guides, explored the cathedral and reflected on everything they have learned in class. We were incredibly proud of the mature and thoughtful way they represented our school, and they received many compliments on their excellent manners.

The visit was a fantastic way to consolidate our learning, bringing our classroom discussions to life and helping the children develop a deeper understanding of the importance of peace, reconciliation and remembering the past. Well done Year 2!

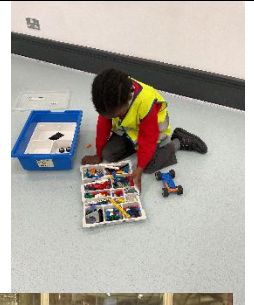


Reception visits The Motor Museum



On Wednesday, Reception visited The Motor Museum in Gaydon where we got to learn about how vehicles have changed over time. We especially enjoyed learning about the first ever car from Germany called The Benz Motorcar. We explored a bus that is 103 years old and built our own cars out of Lego.

We tested the Lego cars on ramps with different textures, and we were amazed to see that they went much further when they had travelled down the smooth ramp, than they did having travelled down the bumpy ramp. We saw some amazing vehicles, such as an old fire engine and some very shiny, new sports cars. We engaged in lots of immersive activities around the museum too, such as building a large, magnetic car on the wall, and pretending to drive old cars. Some children dressed up as people from the past, doing some brilliant role-play. We all did such an amazing job of listening and showing our school values. Thank you to our wonderful parent helpers for joining us on the trip, alongside our school staff!



Resilience Collaboration Curiosity Respect Kindness Endeavour



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Changes to School Meal Ordering

Following a number of issues with the current online lunch ordering system, we have worked closely with our catering provider to review the available options and have decided to return to **SchoolGrid**. We are confident that this will provide a smoother and more reliable experience for ordering school meals.

The change will take effect from **1 September 2026**. Invitations to register for SchoolGrid will be sent to parents over the coming weeks. Further information, including guidance on setting up your account and ordering meals, will be shared nearer the time.

If you currently have credit on your Grow App account, you can request a refund by following these steps:
Settings → My Account → Request a Payout

Please ensure that any remaining credit is withdrawn by **31 July 2026**, as the Grow App will no longer be used for school lunch ordering from September.

Please also ensure that there is sufficient credit on your account to cover any meals required up to **17 July 2026**, which is the last day of term.

Friends of Rugby Free Primary School (PTA)

Break the Rules Day 2026- Friday 10th July - Letters will be sent home so please keep your eyes open for them. A day of fun enjoyed every year, only rules listed on the letters can be broken all other school rules remain. Children can break as many of the rules as they wish and the fine for each rule broken is 50p. Please bring in all fine money to school on the morning of Friday 10th July to your class teacher or the office, when it will be counted. As always, all funds raised will go towards enriching our children's learning experience.



Easy FundRaising QR Code- A really easy way to fundraise for our school while doing your shopping on Amazon and many shops at no extra cost to you. The companies donate money! Simply follow the QR link or search for Easyfundraising by Parentkind for more information.





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Year 5 Request

Year 5 would be very grateful of any donations of old magazines, leaflets etc. for their art project next week. Please bring any donations to the school office 😊

Thank you



Game On Holiday Camp

Game On is operating a Holiday Camp over the Summer holiday. The booking form was sent out on MCAS on Thursday 11th June and is also attached with the newsletter on 12th June.

To book your dates, please liaise with Mr Sheehan directly brandon@gameoncoaching.co.uk

The dates are: **Monday 20th July to Friday 21st August 2026.**



Diary Dates (please check every week as they are subject to change!)

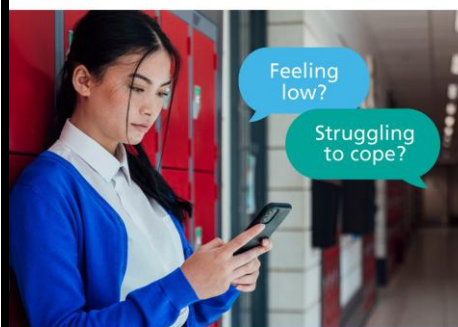
- 6th Jul** – Y5 Residential meeting (Y6 trip) – 5.30pm – Hall entrance
- 8th July** Transition Day
- 9th Jul** – Y3 Bosworth Battlefield trip
- 9th Jul** – Y5 Athletics festival
- 10th Jul** – Big Summer Sing (Year 2-6) – 2.50-3.05pm
- 10th Jul** – Friends of RFPS Break the Rules Day (look out for the yellow leaflet)
- 10th Jul** – Year 6 leavers disco – 6pm-8pm
- 14th Jul** – Y4 Cricket festival
- 14th Jul** – Y6 End of year performance to families (no limit on attendees)- 9.15am
- 15th July** – Y6 End of year performance to parents & Graduation (2 adults per child only) - 6pm
- 20th July** – Staff training day (school closed to pupils)
- 21st July-31st Aug** – Summer holidays
- 1st Sept & 2nd Sept** – Staff training days (school closed to pupils)
- 3rd Sept** – Children return to school for Autumn Term

Safeguarding

If you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL. Contact the **Warwickshire's Family Connect** on **01926 414144**. Lines are open Monday to

shout
85258

NHS
Coventry and
Warwickshire Partnership
NHS Trust



Text 'CWHOPE' to 85258

Free, confidential, 24/7 text support
provided by Shout

SAFEGUARDING

Safeguarding our children is everyone's responsibility

If worried about any child being a victim of neglect, abuse or cruelty whilst at RFPS, you must tell Miss Finch or, in her absence, one of her safeguarding team.



Miss Finch
Designated
Safeguarding Lead



Mrs Colledge
Deputy Designated
Safeguarding Lead



Mrs Pollitt
Deputy Designated
Safeguarding Lead



Miss Bullers
Deputy Designated
Safeguarding Lead



Mrs Screen
Deputy Designated
Safeguarding Lead

Jennifer Beattie

Trustee for Child Protection & Safeguarding

If you consider a child is in immediate danger phone the Police on 999 or phone Family Connect on 01926 414144 or out of hours on 01926 886922.

Thursday 8am-5.30pm, Friday 8.30am- 5.00pm.

If you need to get in touch out of usual office hours, please contact the Emergency Duty Team immediately on **01926 886922**. If you think that a child is at immediate risk, contact the police immediately by dialling **999**.



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RAINSBROOK VALLEY RAILWAY 2026 SUMMER SEASON PUBLIC RIDE DAYS

- Just 5 minutes from central Rugby
- Free parking
- Friendly cafe & picnic area
- Beautiful scenery
- All ages welcome!

Save the dates!

19th July
16th August
30th August
20th September
11th October
31st October



Book
your
tickets
today



Great for all the family and friends!



Find out more at...
www.rainsbrookvalleyrailway.co.uk



BRASS TRAINING BAND

New Members Welcome

Suitable for everyone age 7+, complete beginners
to grade 3/4 (or equivalent standard)

You are invited to our Open Rehearsal on
Monday 13th July 2026

Beginners 6pm. For those already able to
play a brass instrument please join us from
6:45pm. Please contact us to book a place.

Have fun
learning a brass
instrument

Instruments and
tuition can be
provided

MONDAY EVENINGS
7PM TO 8PM
AT: THE WI HALL,
MILL YARD, SOUTHAM ROAD,
DUNCHURCH. CV22 6GH

For more information

Tel: 07548 276993

Dunchurch Band

email: dunchurch.band100@yahoo.com



Mental Health in Schools Team Tips For Wellness



Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Persistence

Persistence is all about keeping going, even when times are challenging. It is normal to want to give up when you are going through something difficult, but if you can stick with it and overcome the obstacles, you will be closer to achieving your goals.

Having a **growth mindset** will help us persist, which means you believe you can learn, grow and develop your skills by putting in the hard work and practise. This can be tricky, so make sure you reach out to friends and trusted adults to support you.

Our tips for persistence:

1. **Break the goal down into smaller steps.** You can set yourself smaller goals that are more achievable, to help you reach your ultimate goal. Make sure the smaller goals are linked to your ultimate goal; this may help to encourage you to keep going, as you will be able to measure your progress.
2. **Try something new** – this could be a new hobby, sport, craft activity, or puzzle. Having a go at something new can help to develop your persistence, whilst also having fun. You might find it challenging at first, but you will receive a greater sense of reward and achievement by sticking with it!
3. **Positive self-talk** – instead of saying "I can't", add "yet" onto the end of the sentence. This tells your brain that it might be difficult, but you will get there in the end.
4. **Talk to yourself like a friend** – we are often kinder to our friends than we are to ourselves, when we go through challenging times. Practise talking to yourself like you would talk to a friend! What advice would you give if a friend told you they were rubbish at something? What would you say if they felt they wanted to give up?
5. **Practise mindfulness.** A good way to improve our mental wellbeing is by paying more attention to the present moment and the world around us. Think about sounds and smells around you, what can you see, and how does this make you feel. By being more aware, this can improve our mental wellbeing and enable us to improve skills such as being persistent.

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.