Rugby Free Primary School

Together we learn, together we shine!

Newsletter 9

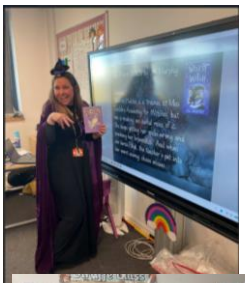
Friday 6th Nov 2026

SBooktacular Fun!

On 2nd November, we kicked off the new half term in truly SBooktacular style! Children and staff arrived dressed in a fantastic array of spooky-themed costumes, creating a wonderfully eerie atmosphere throughout the school.



The day was packed with exciting, book-inspired learning, as children across the whole school immersed themselves in stories, poems and activities with a spooky twist. In Reception, children explored Julia Donaldson's Room on the Broom, writing lists of ingredients to create their very own magical spells. Meanwhile, at the other end of the school in Year 6, pupils used their artistic talents to respond creatively to the classic poem The Highwayman.





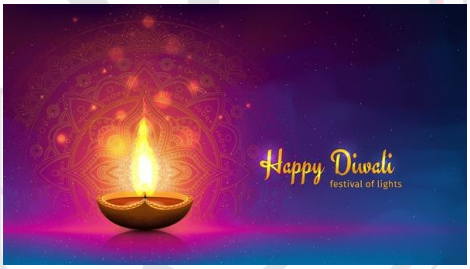
From spooky storytelling to imaginative writing and creative artwork, there was something for everyone to enjoy. It was wonderful to see such enthusiasm, creativity and a love of reading across all year groups. A big thank you to families for getting into the spirit and helping children with their fantastic costumes!





Happy Diwali

We would like to wish all our families that celebrate, a very happy Diwali. May this special occasion bring joy, peace, prosperity, and togetherness to your homes.



Bikeability

Today marked the first of our Bikeability Level 2 sessions! The children have been developing their cycling skills, learning how to ride safely on the road, check for traffic and make safe decisions when approaching junctions. They have demonstrated excellent learning behaviours, showing great awareness of their speed, surroundings and the importance of carrying out safety checks before setting off. We are incredibly proud of their positive attitudes and enthusiasm!





OPAL (Outdoor Play and Learning)

As the weather begins to change, we would like to remind parents that our OPAL programme encourages outdoor play in all seasons. To ensure children can fully enjoy activities such as the sand pit, mud kitchen and other outdoor areas, please make sure they come to school with appropriate clothing, including a suitable coat and footwear.



We are also still looking for donations of wellington boots in all sizes. If you have any spare pairs that your child has outgrown, we would be very grateful to receive them. Thank you for your continued support.

Stars of the Week

Reception
Zebras
Travis & Luna
Giraffes
Clark & Tanvik

Year One
Hedgehogs
Charlie
Rabbits
Annicha

Year Two
Penguins
Rowan
Seals
Harry

Year Three
Crocodiles
Antonio
Turtles
Nelson

Year Four
Bears
Dominic
Eagles
Harry

Year Five
Pandas
David
Tigers
Theo

Year Six
Sloths
Alexander
Toucans
Archer

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School Lunches

As previously communicated via MCAS in early October, following a review of school meal costs by our catering provider, the price of a paid school lunch increased by 5p, from £2.61 to £2.66, with effect from 1 November 2026.

We remain committed to providing high-quality, nutritious meals for our pupils each day and will continue to work closely with our catering team to ensure excellent value and a wide range of choices for children.

We kindly ask parents and carers to place meal orders via SchoolGrid from home wherever possible. This provides an opportunity to discuss food choices with your child and helps ensure they select meals they are happy to eat.

If your child has specific dietary preferences (for medical dietary requirement see last paragraph), we strongly recommend pre-ordering their meals at home. This allows you to review the available options and ensure that your child's meal choices are suitable.

If meals are not selected in advance, your child will be asked to choose their meal at school. While staff will do their best to support children in making an appropriate selection, we cannot guarantee that a meal chosen on the day will fully meet individual dietary preferences. We therefore encourage families to use SchoolGrid to pre-select meals wherever possible.

If your child has a medical dietary requirement or food allergy, personalised menus have been provided for you to review at home. We strongly recommend that meals are selected in advance via SchoolGrid to ensure your child's dietary needs are met and that all allergy requirements are adhered to. This allows you to choose from the approved menu options and provides reassurance that the correct meal will be prepared for your child.

Christmas Lunch

Christmas lunch will be on **Friday 11th December**. This can be ordered via SchoolGrid from Monday . **The deadline for placing your order is Friday 27th November** to ensure that the kitchen is able to order enough stock. If your child does not eat pork please select the Turkey without pig in blanket option.



Wear Odd Socks!

On **Monday 16th November**, children are invited to wear odd socks to mark Anti-Bullying Week. **No donation is needed**, just pop on two different socks and help us celebrate our differences, that none of us are the same and this is brilliant!





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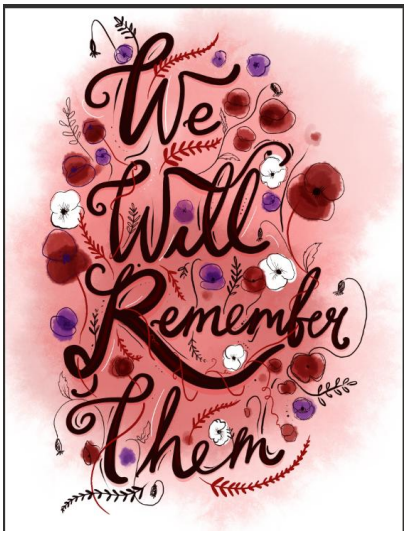
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Remembrance Day Cake Sale & Raffle

Please come along and support this amazing cause with the boys between 10am and 12pm on Saturday 7th November, at 45 Long Hassocks, CV23 0JS.



The Really Awesome Coffee - Rugby will be joining us to make you hot drinks.

The Saxman shall be playing and there will be bacon or halloumi rolls provided by Rugby Real Bread Company, with the profits being donated to the RBL.

There are lots of amazing prizes to be won in the raffle! There is:

- A Riverside Hub play session
- Midlands Roller Arena skating sessions
- A Tigers soft play voucher x 5
- Pumpkins deli voucher
- A Stella Interiors voucher from Natasha Bushell
- Wine and beer from Rugby Tap
- A fitness session from Laura Warrender
- Framed artwork by VickyBiscuit Hawes
- Lots of fantastic cakes.
- Some wonderful items from T and T Creations from Emily Wilson
- A balloon creation from Creative Balloon Designs.
- A yoga session by Jennyoga Jenny Schregardus
- A series of yoga classes by Jennyoga
- Wine donated from Alexa Rowland

We hope to see you there! Love, Max and Theo. X x X



Game On Holiday Camp

Game On is operating a Holiday Camp during the Christmas holiday.

The booking form will be sent out in due course.

To book your dates, you will need to liaise directly with Mr Sheehan. Please do not contact Mr Sheehan until the booking form has been sent out.

The holiday club dates are: **Monday 21st December to Wednesday 23rd December 2026**

Allsorts Magazine

Here is the latest digital edition of Allsorts magazine:

https://bit.ly/ALLSORTS-MAG_SEPTNOV

Packed with local family days out, activities, clubs & classes and useful services. You can also tap straight through to advertisers' websites from the magazine.



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FRIENDS OF RUGBY FREE PRIMARY SCHOOL (PTA)



Rainbow Donation Non Uniform Day - 13th November. Letters have been sent home.

Non-Uniform day in return for a donation of a coloured item. To take part please wear clothes in your year group colours and bring a gift for a hamper/prize in your year colours!

R, year 1 and year 2 - Orange, Green or Pink, Years 3 & 4 - Blue or Yellow, Years 5 & 6 - Purple or Red.

Item examples - Red, Ready salted pringles/Maltesers/Celebrations. Blue, Tetley tea/Oreos, Purple, Twirls/flavoured tea/candle. Feel free to use other items you can think of.

All donated items will be used for hampers or our rainbow tombola at the Christmas Fayre. We respectfully ask that no NUT or perishable items are donated and that dates can be checked. Thank you for your support. If you would like to see ideas please see our Facebook/Instagram pages.



GROTTO TICKETS - Come and visit Santa and his elves in our magical grotto at our Christmas Fayre 28th November. Santa and his elves will love to see you. There are limited tickets so please ensure you book your space. Tickets are £5 per child, booked in group slots to allow safe, low queueing times. While seeing Santa you will be checked in by his elves, be able to chat with Santa, take your own photo and then collect your wrapped gift. Follow this link to see Santa - **TicketsforSantasgrotto**

CHRISTMAS FAYRE - Saturday 28th November 11-2pm, bring family, friends, neighbours for festive fun



We are excited to have DGM slush and Oink Haus join us alongside Laff's Wood Fired Pizza bringing delicious food and drinks. We have stalls to get your Christmas Shopping started, games and more. We are looking forward to you joining us. We will again have our token booth open to get your tokens for the games able to be purchased by cash/card. Each token will be worth 50p and each game will say how many tokens it needs**. Please note external stalls and food vendors will take cash/card and our raffle will be cash only so please come with cash options.**

WREATH MAKING - SOLD OUT 24th November 7pm. Limited numbers - ADULT ONLY event.

Follow us on Facebook or Instagram ***friendsrfps*** to keep up to date with our upcoming events, and to see ideas for our Rainbow day. If you would like to find out more of what we do, or want to volunteer please get in touch at frrfps@gmail.com and we will be happy to provide details,

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MP Christmas Card Competition

Deadline extended to 12th November





Diary Dates (please check every week as they are subject to change!)

13th Nov – FRFPS Rainbow Non-uniform Day
16th Nov – Odd socks day (with uniform)
19th Nov – Y5 London trip
20th Nov – Staff training day (school closed to pupils)
24th Nov – Wreath making 7pm adults only (SOLD OUT)
25th Nov – Rec Heights & Weights
25th Nov – Y6 Heights & Weights and Health Needs Assessment
28th Nov – Christmas Fayre – 11am-2pm
1st Dec – Y1 performance to parents – 9.15am
2nd Dec – Y1 performance to parents – 9.15am
3rd Dec – Y1 Warwick Arts Centre trip
11th Dec – Festive Inspire Workshop – 9am-10.30am (parents welcome!)
11th Dec – Christmas Jumper day and Christmas Lunch (see menu above)
15th Dec – Rec performance to parents – 9.15am
16th Dec – Rec performance to parents – 9.15am
21st Dec – 1st Jan – Christmas Holiday
4th Jan – Staff training day (school closed to pupils)
6th Jan – Young Voices

Safeguarding

If you are concerned that a child appears unhappy or is being abused act now using the contact numbers provided below or alternatively come in to school and ask to speak to a DSL. Contact the **Warwickshire's Family Connect** on **01926 414144**. Lines are open Monday to Thursday 8am-5.30pm, Friday 8.30am-5.00pm.





If you need to get in touch out of usual office hours, please contact the Emergency Duty Team immediately on **01926 886922.** If you think that a child is at immediate risk, contact the police immediately by dialling **999**.

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Warwickshire County Council

SCHOOL KEEP CLEAR

A reminder as we move into the autumn and winter months

Now the clocks have gone back, and daylight continues to reduce through the autumn and winter months, please take extra care when travelling to and from school and help keep school entrances clear and visible. We continue to see vehicles stopping or parking on School Keep Clear markings and double and single yellow lines. Please help keep school entrances clear, safe and visible.

NO STOPPING • NO PICKING UP • NO DROPPING OFF

cars, taxis, coaches and buses must not stop, pick up or drop off on School Keep Clear markings during the restricted hours.

Stopping for "just a moment" can reduce visibility and create unsafe crossing conditions. Please park legally and considerately away from the school entrance.





THE ROLE OF CIVIL ENFORCEMENT OFFICERS

Civil Enforcement Officers (CEOs) are actively patrolling schools throughout the county to help keep school entrances clear and support safe and legal parking.

Their role is not simply to issue Penalty Charge Notices. CEOs are there to encourage compliance, promote safer parking around schools and engage positively with parents, carers and the wider school community.

Respectful interactions help everyone work together towards a safer environment around our schools.

ENFORCEMENT

If a vehicle is parked in breach of a parking restriction, a Penalty Charge Notice (PCN) may be issued

School Keep Clear markings: Stopping during restricted hours will result in a £70 PCN, reduced to £35 if paid within 14 days.

Yellow lines: Parking on double or single yellow lines will also be enforced. A £70 PCN may be issued, reduced to £35 if paid within 14 days.

REPORT VEHICLES PARKED IN BREACH OF PARKING RESTRICTIONS

Use the link below to report vehicles parked in breach of a parking restrictions, or search "Warwickshire County Council report a contravention": warwickshire.gov.uk/contraveningparkingrestrictions

TOGETHER, WE CAN HELP KEEP THE SCHOOL JOURNEY CLEAR, SAFE & VISIBLE FOR EVERYONE

Mental Health Support Team in Schools

Dimensions tool

Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Tips For Wellness

Strength

Each of us has a unique set of strengths and abilities that help us face life's challenges. Focusing on your strengths doesn't mean ignoring your weaknesses — it means using what you're naturally good at to help you grow, build confidence, and work through tough times. In doing so, you move closer to living a more fulfilling and resilient life.

Our Tips for strength:

1. **Appreciate your strength** – when you experience a difficult time, it's easy to forget how strong you are! Try and remember other times in your life when you've got through something challenging. Remember how strong you were to get through those circumstances and know you have the strength to get through other difficulties too.
2. Remind yourself **"all we can do is try our best"** and **"you are good enough"**.
3. Being kind to others can help build our own strength as well as others! As a class, have a go at playing **'kindness bingo'** by following the QR code:
4. **Take Time to Rest and Recharge** - your mind needs breaks just like your body. Take a few quiet minutes to breathe, read, draw, or go outside. That helps your brain feel strong and calm.
5. **Ask for Help When You Need It** - being strong doesn't mean doing everything alone. It's *smart and brave* to ask for help — that's how we grow and learn!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.